

VOLUNTEER ROLE

Title: **Community Hospital Activities Volunteer**

Hours: Ideally 2 hours per week – Fridays at 10.30am (other times on Friday available also by agreement and you can extend sessions by personal choice)

Supported by: Volunteering Lead

Location: Farnham Community Hospital

Role: To facilitate / assist group activity sessions and/or provide 1:1 visits to patients within the wards of the community hospital

Main duties:

- Provide weekly 1:1 visits to older people on ward(s) within community hospital.
- Provide small group sessions with other volunteers to include reminiscence sessions, art and crafts, crosswords, quizzes, reading, discussion and other activities.
- Motivate and support older people to engage in small group activities during their hospital stay - this may require encouragement initially to build confidence for patients to join in.
- Providing activities or chatting to patients to keep them stimulated and engaged.
- Support older people to think through the process of returning home; what support they may require initially and to signpost to other services such as Age UK Surrey's Advice and Information service or our Help at Home Service
- Maintain close contact with the Volunteer Lead
- Provide a brief record of sessions weekly of patients attending and their engagement level to the Volunteer Lead via email

Personal Qualities:

- Be reliable and supportive
- Ability to communicate and motivate older people
- Have good listening skills
- Have empathy for older people and those with mobility issues or dementia
- Have the ability to value and respect others' opinions and beliefs
- Be able to understand the NHS Community Hospital guidelines and policies on Health and Safety and minimizing risk, and to attend an NHS briefing prior to commencement of volunteering.
- Are flexible and want to help enrich the patient experience in a hospital setting
- Have own transport to get to/from the Community Hospital or live nearby

You will receive an Induction into Age UK Surrey and an NHS Briefing at Farnham Hospital

You will be asked to complete NHS specific forms (and those of Age UK Surrey) in the Induction process

Any necessary training/mentoring will be provided at Farnham Community Hospital

The role requires a DBS and two references which Age UK Surrey will register you for (without cost to you) and we will take up your References upon receipt of your volunteer Registration; agreed expenses can be claimed upon request.