



VOLUNTEER ROLE

Title: Dementia Support Volunteer

Hours: Tuesday mornings 10am – 12.30 & Tuesday afternoons 12.30 – 3pm.

Supported by: Dementia Outreach Worker / Charlotte Lawrence (Manager)

Location: The Mytchett Centre, 140 Mytchett Road, Camberley, GU16 6AA (Ash Vale / Aldershot / Farnborough Area)

Main Duties:

Morning - Assisting Dementia Outreach Worker to facilitate a Memory Lane session for people living with dementia or mild cognitive impairment (sessions to help maintain memory and mental functioning), this could involve helping with a range of activities such as art, music and reminiscence. Making tea & coffee.

Afternoon – Assisting Dementia Outreach Worker to facilitate group activity attended by people living with dementia or mild cognitive impairment and their carers – activities could range from quizzes to bingo to arts and crafts. Making tea & coffee.

Training would be 'on the job' learning and specialist Dementia training if necessary; online DBS registration with Age UK Surrey will be provided at no cost.

Personal Qualities:

Patience with older people
Good communication skills
Empathy with older people
Compassionate towards others
Are Reliable and Adaptable

Skills Desirable:

Organised
Resourceful
Creative
Some experience with dementia or older people would be desirable but not essential.

Transport and Expenses

Unless located in walking distance then your own transport will be needed to get to The Mytchett Centre. Transport expenses will be reimbursed (keep receipts / record mileage)

Enquiries to: volunteer@ageuksurrey.org.uk or fill out online volunteer registration form:

<https://www.ageuk.org.uk/surrey/get-involved/volunteer/volunteer-registration-form/>