



## **VOLUNTEER ROLE**

**Title:** GO50 WALK LEADER

**Hours:** Flexible

**Supported by:** Volunteer-Led Activities Team

**Location:** Surrey

**Role:** To plan and lead countryside walks in areas across Surrey (from 3-11 miles / 4-17 km) for groups of people aged 50 plus.

### **Responsible for:**

- Completing risk assessments for all walks and undertaking the walk at least a week before to ensure that there are no changes.
- Planning walks of variable lengths and gradient taking into account the fitness levels of those that each walk is aimed at.
- Liaising with local refreshment venues making appropriate arrangements with regards to car parking and facilities and to ensure these have been arranged before the details are printed in the programme.
- To be responsible for the group's safety throughout the walk and ensure that a backmarker is in place.
- Undertaking First Aid to the level that you have been trained.
- Collecting all donations on walks and returning all relevant paperwork and money to Age UK Surrey.
- Attending 6 monthly leaders' meetings.
- Being willing to cover other leader's walks on occasions, where possible, sometimes at short notice.
- Promoting and being aware of Age UK Surrey's services and acting as an Ambassador for Age UK Surrey.
- Undertaking initial induction training, first aid and dementia friends training and any other training that may be relevant to Age UK Surrey GO50 programmes.

### **Personal Qualities:**

- An interest in planning and leading countryside walks
- Ability to lead countryside walks of between 3 -11 miles / 4-17 km) in Surrey, year round.
- Clear communication skills and the ability to encourage new walkers to participate.

The role requires two references.

**Expenses:** Age UK Surrey will reimburse expenses such as travel costs.