



VOLUNTEER ROLE

Title: Dementia Support Volunteer

Hours: Tuesday mornings 10am – 12.30 & Tuesday afternoons 12.30 – 3pm (Mytchett)
Thursday mornings 10am -12.30 & Tuesday pm 12.30 – 3pm (Japonica Court, Ash)

Supported by: Dementia Outreach Worker / Charlotte Lawrence (Manager) and Beverley Caldwell (Coordinator) at both locations.

Tuesdays: The Mytchett Centre, 140 Mytchett Road, Camberley, GU16 6AA (Ash Vale / Aldershot / Farnborough Area)

Thursdays: Age UK Surrey office, Japonica Court, Shawfield Road, Ash, GU12 6QX

Main Duties:

Morning - Assisting Dementia Outreach Worker to facilitate a Memory Lane session for people living with dementia or mild cognitive impairment (sessions to help maintain memory and mental functioning), this could involve helping with a range of activities such as art, music and reminiscence. Making tea & coffee.

Afternoon – Assisting Dementia Outreach Worker to facilitate group activity attended by people living with dementia or mild cognitive impairment and their carers – activities could range from quizzes to bingo to arts and crafts. Making tea & coffee.

Training would be 'on the job' learning and specialist Dementia training if necessary; online DBS registration with Age UK Surrey will be provided at no cost. You can choose either location to volunteer.

Personal Qualities:

Patience with older people
Good communication skills
Empathy with older people
Compassionate towards others
Are Reliable and Adaptable

Skills Desirable:

Organised
Resourceful / Creative
Some experience with dementia or older people would be desirable but not essential.

Transport and Expenses

Unless in walking distance then your own transport will be needed for The Mytchett Centre or Japonica Court. Transport costs reimbursed (keep receipts / record mileage).

Enquiries to: volunteer@ageuksurrey.org.uk or fill out online volunteer registration form:

<https://www.ageuk.org.uk/surrey/get-involved/volunteer/volunteer-registration-form/>