



Hello to all our dedicated volunteers, Thank you so much for your willingness to share your time with older people. Your commitment is making an impact on so many lives.

No matter how many hours you choose to give, we value and appreciate them all - you are truly an inspiration!

“Too often we underestimate the power of a touch, a smile, a kind word, a listening ear, an honest compliment, or the smallest act of caring, all of which have the potential to turn a life around.” – Leo Buscaglia

Thank you to each one of you - for being a part of us.

Our Christmas Thank You

We would like to invite you to the Clockhouse Community Centre in Milford on **Friday 9th December 2022, 2.30 to 4.30pm** to share time together and to thank you for all you do. We look forward to seeing you and chatting over nibbles, mince pies and mulled wine. RSVP 25th Nov: debra.davies@ageuksurrey.org.uk

We Have Moved

We have moved premises and our offices are now part of the vibrant Clockhouse Community Centre in Chapel Lane, Milford. Our amazing Clockhouse volunteers and staff have welcomed and accommodated our various departments. Thank you too for making our clients feel so welcome and helping with the success of our fundraising events and weekly activities. A reminder that while volunteering at the Clockhouse you are entitled to free tea & coffee from the kitchen. Drinks from the new coffee machine and food can be purchased at 50% of the cost. Also, 25% off items in our Charity Shops.



We appreciate the flexibility of our amazing and vital **Administrative** volunteers in getting settled into their new surroundings at the Clockhouse and those that support the **Help at Home** offices too. Thank you too to our **Information and Advice** volunteers for all your support! Also our big thanks go to those volunteers who help with **Events, Knitting and Shopping**.

Calling all volunteers to action!

We welcome your help with our biggest event of the year. **Christmas Carol Service on Friday 16th December at Guildford Cathedral.**

Our annual carol service is eagerly anticipated by older people around Surrey. Readings and traditional carols will be led by the Guildford Cathedral Singers as well as Tormead School Choir.

Please let Kerry know if you are available to help at this event: kerry.oakley@ageuksurrey.org.uk

Our Vintage Volunteers

A huge thanks to all our wonderful new retail volunteers who have joined our Vintage charity shops in Haslemere, Esher and Lingfield. The stores are already enjoying a booming business thanks to the combined effort of volunteer and staff. Please continue to invite your friends to be part of our growing retail teams.

Thank you too for the support given to our retail shops by our amazing Tandridge Tea & Chat Volunteers who have been spreading the word in their communities.



Our Volunteer-led Services

These are the services we simply could not offer without our dedicated and incredible volunteers who continue to deliver and thereby support so many clients. These include Mike and his team who support clients with their **IT Tech Support** issues and requirements. Clive and his highly active team across Surrey offer an incredible array of delightful **GO50 Walks** for older people to participate in for fitness and friendliness. We also welcome new walk leaders Grant and Steve.

Melissa and her kind Team provide **Tea and Chat** sessions to the Oxted area. Karil and her friendly team provide Tea and Chats in Lingfield. The dedicated duo of Clive and Jenny meet with their **Café Culture** group every week as does local resident John in Cranleigh. Thank you too Alan for your support to Café Culture.

Sally and her dedicated team visit the patients in **Farnham Community Hospital** bringing them weekly cheer and a friendly face. Our **Men in Sheds** volunteers have moved to the new facility at Merrist Wood and are supporting clients there. Rachel and her growing team of **My Life My Story** volunteers are trained in the software and are at the ready to take on new clients – please free to refer to us anyone that would like their life story captured, at no cost to them, as a colourful coffee table book to show to their friends or family.

We Need Help at our Oxted Tea & Chat

If you know of anyone who would like to use their car to drive a client to and from the Tuesday monthly sessions at Bluehouse Lane Oxted please email us (listed below).

#BefriendingWeek

November 1-7 was Befriending Week and it gave us the opportunity to celebrate and say a huge thank you to all our home and telephone Befrienders – your stories are heartwarming. This is what Rehab (Befriender) says:

“Befriending is not as simple as it may sound; it is a privilege before anything else to gain acceptance from others to let you in their lives. It is a big responsibility, accompanied with a fulfilling and rewarding sense of accomplishment and self worthiness . . . You may be a reason to draw a smile, on your “new” friend’s face, but what you will soon realise, is Befriending goes both ways, your client needs a friend - and so do you!”

“My experience with volunteering work with Age UK Surrey, is that’s its one of the most valuable activities I have ever engaged in . . . I have travelled the world and I recently moved to the UK from Egypt. I feel so honoured and fortunate, to first be accepted as a part of such an amazing and heart warming group at Age UK Surrey. I am overwhelmed with their professionalism, kindness and continued support to their volunteers, and most importantly, their absolute devotion to their clients.”

“Befriending is an extremely flexible and tailored social activity, that you can incorporate into your personal life, smoothly without any conflict or pressure on your own commitments, and schedules . . . You will be inducted and trained for everything Age UK Surrey has to offer. The help and support is always there, a phone call or email away, and you will never feel alone, thats for sure.”



Also, do check out our latest Facebook video post. Both Andrew and John talk about what they have gained from Befriending. Andrew experiences a renewed sense of purpose, the opportunity to meet people and social interaction. And for John, it brings structure and something to look forward to. Both benefit. To use their own words; “It’s brilliant!”