

It has been a very busy year for everyone and as we come to the end of it we would like to thank you for the part you have played in supporting older people in Surrey in these exceptional times.

We would like to take this opportunity to wish you a happy and peaceful festive season and all the very best for 2024.

## Planning for your future – NEW ONLINE HUB and EVENTS



We are delighted to be working with Surrey County Council on the Planning for your future campaign. The campaign encourages people to start a conversation with friends and family about planning for the future. A conversation is a positive first step to planning ahead and thinking about what is important to them and their family or friends if things change, and understanding their wishes when it comes to care arrangements.

Our online information hub has a checklist guide to planning for your future, covering everything from healthy living and care and support options to financial planning, wills and lasting power of attorney. [www.ageuk.org.uk/surrey/planningforyourfuture](http://www.ageuk.org.uk/surrey/planningforyourfuture)

We are holding free information events throughout the County, running through until March 2024. To book please visit our online hub or email: [planningforyourfuture@ageuksurrey.org.uk](mailto:planningforyourfuture@ageuksurrey.org.uk) Alternatively telephone: 01483 446627

## A Surrey Warm Welcome Venue – AT THE CLOCKHOUSE



Warm Welcome venues are spaces across the County where people can drop in, get warm, have a hot drink and be in the company of other people from the community - instead of staying at home worrying about the heating cost. **Age UK Surrey's Clockhouse Community Centre in Milford is one of the hubs and is open Monday to Friday from 9.30am to 3.30pm.** Anyone can enjoy a warm welcome and hot drink. On Mondays 10am - 12pm we also have a drop in session with one of our Advisors from the Information and Advice team who can help with money and energy questions and concerns.

For opening times and addresses of all the Warm Welcome Venues, please visit: [www.surreycc.gov.uk/health-and-welfare/support/welfare-support-everyday-living/warm-welcome-venues](http://www.surreycc.gov.uk/health-and-welfare/support/welfare-support-everyday-living/warm-welcome-venues). Or call our Information and Advice team on 01483 503414 or Surrey County Council on 0300 200 1008.

## The 10-3 Club – A DAY SERVICE AT THE CLOCKHOUSE



We have spaces available at our 10 to 3 Club at the Clockhouse in Milford. Guests enjoy a varied day with options to join in a range of fun and stimulating activities, as well as having relaxation and mindful time. We offer a day of structured activities including gentle chair based exercise, mental agility and activities to promote wellbeing.

Our caring staff and volunteers are on hand all day to provide support and care. The day service includes a 2 course hot meal prepared by our in-house chef - for £40/day. **Monday to Friday, 10.00am - 3.00pm at the Clockhouse Community Centre, Milford. 01483 420668 or [Clockhouse@ageuksurrey.org.uk](mailto:Clockhouse@ageuksurrey.org.uk)**

## Help at Home - ACCEPTING NEW REFERRALS



Help at Home provides a tailored service to enable people to remain independent at home for as long as possible. Our friendly and reliable Home Helps provide help with cleaning, laundry, light meal preparation, collecting prescriptions and more.

As a non-profit organisation we keep our costs as low as possible. A modest monthly service fee applies. All our Home Helps are self-employed. That means they are paid directly for the number of hours they work. For more information about the service, please call 01483 503414 or email: [enquiries@ageuksurrey.org.uk](mailto:enquiries@ageuksurrey.org.uk)

## Men in Sheds - AT MERRIST WOOD COLLEGE



Our Men in Sheds project is a great place for people to learn new skills, make new friends and have fun. It is based in the grounds of Merrist Wood College in Worplesdon, Guildford. We offer morning and afternoon sessions, 4 days a week, Tuesdays to Fridays. We also welcome women.

We currently are able to take new referrals into the project. For more information, call **01483 503414** or email: [enquiries@ageuksurrey.org.uk](mailto:enquiries@ageuksurrey.org.uk)

## Lasting Power of Attorney



Age UK Surrey **offers a full Lasting Power of Attorney service to Surrey residents aged fifty and over.** Our Co-ordinator will take the client through the LPA process step by step through a face-to-face meeting and ensures all paperwork is submitted correctly to the Office of the Public Guardian. A fee applies.

For initial advice about Lasting Powers of Attorney, **call 01483 503414** and to set up a new Lasting Power of Attorney, please contact Leonie Dove, our LPA Co-ordinator by emailing: [LPA@ageuksurrey.org.uk](mailto:LPA@ageuksurrey.org.uk)

## We wish you a wonderful festive season and all the best for 2024



It has been a pleasure and a privilege to work with so many wonderful organisations and individuals like yourself this past year. We are delighted to be able to distribute presents so generously donated by BP staff and the Royal Holloway University Student Christmas Volunteering Team. We have been delivering these presents to our clients across the County - as well as to patients at Farnham hospital.

**Please note that the Age UK Surrey offices will be temporarily closed during the Christmas holidays from 1pm on Friday December 22nd. The offices will reopen again on Tuesday 2nd January 2024 at 9am.**

If urgent advice is required, we recommend calling Age UK Advice Line on freephone 0800 678 1602. The lines are open 8am-7pm, 365 days a year.