



COMMUNITY
SUPPORT

FREE, CONFIDENTIAL
INFORMATION, ADVICE
AND GUIDANCE

Our friendly **Community Support Team** provides free, confidential information, advice and guidance - accredited through the Advice Quality Standard - on topics ranging from benefits and housing to care options and rights. We're here to support older people to navigate life's changes and make confident decisions to improve financial wellbeing and access the services they need to stay healthy, connected and independent.

HOW WE CAN HELP

Accredited Information and Advice

Our trained advisers offer accredited information and advice in the following key areas:

- ✓ Income and Benefits
- ✓ Living safely at home
- ✓ Social Care
- ✓ Housing options
- ✓ Transport
- ✓ Local services in Sutton

Helpful Information with Signposting to Specialist Services

- ✓ Your health
- ✓ Legal matters

FOR MORE INFORMATION

We're here to Help. Contact our friendly team via phone or email.

- ☎ Call us on **020 80780002**
9.30am to 1pm and from 2pm to 4pm Monday to Friday.

- ✉ Email us at **info@ageuksutton.org.uk**

You can find more details about all of our services on our website **www.ageuk.org.uk/sutton**