



HELP
AT HOME



A
PAID FOR
SERVICE

Whether it's cleaning, shopping or simply a friendly chat, our **Help At Home** service is here to make daily life easier, with the added reassurance of DBS-checked and trained staff and a dedicated customer support team who are just a phone call away.

HOW WE CAN HELP

We start with a free support assessment to create a personalised plan that fits your daily routine and preferences. Our tailored service can include:

- ✓ Housekeeping
- ✓ Cleaning
- ✓ Laundry and ironing
- ✓ Grocery shopping
- ✓ Appointment accompaniment
- ✓ Light meal preparation
- ✓ Friendly companionship
- ✓ Sit-in support service

Every visit is delivered by trained, DBS-checked Age UK Sutton staff, familiar faces who get to know you. With a regular Support Worker or a small, consistent team, we're able to spot early when your needs change so we can adjust your support and offer extra help if needed.


WHY CHOOSE US

 **TAILORED TO YOU**
Our service is built around you and shaped around your needs and preferences.

 **FLEXIBLE**
Whether it's every day, weekly or just now and then, we're here when you need us.

 **DEDICATED CUSTOMER CARE TEAM**
Our friendly Customer Care team works closely with our Support Workers to keep everything running smoothly. We're just a phone call away.

 **REASSURING AND RELIABLE**
All our staff are trained and DBS-checked, giving you confidence and peace of mind.

 **FAMILIAR FACES**
You'll see regular Support Workers who get to know you. We aim to provide the same person each visit and if cover is ever needed, we'll stay within a small, team so you're always supported by someone you know.

 **PEACE OF MIND**
Reassurance for you and your loved ones that you're in safe caring hands.



“ Having the same person visit each week means Mum feels comfortable and safe. They've built a lovely bond ”
Sarah, Daughter of Client



“ If I ever need to change anything, I just call the office and it's sorted quickly. It's reassuring to know there's always someone there ”
Margaret, Client. 78

Help At Home is available:
Monday to Friday 9am to 5pm
Saturday 10am to 3pm

Ready to get started?
Get in touch today, we'd love to help. Contact us to book a free support assessment or to learn more.

**£27.99
per hour**

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