

LET'S LUNCH

Age-friendly lunch groups across the borough of Sutton



What's On Guide

Age UK Sutton is working with partner organisations to showcase a variety of **Age-friendly** activities across Sutton.

letsconnect@ageuksutton.org.uk
www.ageuk.org.uk/sutton
0208 078 0002



Friendship Group



Alternate Tuesdays, 12pm-2pm



The church is accessible via a ramp and the group meets on the ground floor.



Trinity Church, Cheam Road, Sutton, SM1 1DZ



The Friendship Group meets fortnightly to connect people across the borough and inform them about local activities. At every meeting, various activities are offered as well as a light lunch. This group is free but booking is required, please contact Helena on 07702167566



Worcester Park Baptist Church

Lunch Break



Alternate Tuesdays (term time) 12:15pm-2pm



The church is accessible via a ramp and the group meets on the ground floor.



Worcester Park Baptist Church, The Avenue, Worcester Park, Surrey KT4 7EW



A comfortable place to find welcome, company and friendship over a set 2-course meal. You do not have to be a church member or regular attendee to come along. Donations of £5 welcome, please call Rowena to book 07837 941298

ACTIVITY	GROUP	AREA	CONTACT FOR MORE INFORMATION
Community lunch club All Saints Church	All Saints Church	Hackbridge	2 nd Tuesday of the month, to book: 0208 646 1937 maureenavidal@googlemail.com
Friday drop in and lunch	Sutton Mental Health Foundation	Belmont	Every Friday, £3.50. To book lunch: 0208 770 0172 admin@smhf.org.uk
Lunch club	St Patricks Church	Wallington	Every Tuesday, 12:30-2pm, £5. Drop-ins welcome. 0792 882 4251 office@stpats.org.uk
Senior lunches (over 75)	The Sun Pub	Carshalton	First Wednesday of the month, Free. Booking necessary. 0208 773 4549 bookings@thesuncarshalton.com
Lunch Club (over 60)	Carshalton Beeches Baptist Free Church	Carshalton Beeches	Wednesdays weekly at 12:45, £7 per person. To book: office@beechesbaptist.org 0208 642 9311
Lunch Club	Sutton Befrienders	Wallington	Last Thursday of the month 1pm-3pm, The Woodcote Flying Club. Free. To book: 020 8661 5900
Seniors Lunch Club	Muslim Cultural & Welfare Association	Carshalton	Tuesdays, 11:30am - 2:00pm, MCWAS 80 Ruskin Road, SM5 3DH, Dr Syed Mohiud-Din (07900968318) Sister Razia Killedar (07501848513) to book.

PLEASE NOTE: Activities listed are for information only. Please contact the organisations to book.