

What's On Guide

LET'S CREATE
Age-friendly creative groups
across the borough of Sutton




Age UK Sutton is working with partner organisations to showcase a variety of **Age-friendly** activities across Sutton.

letsconnect@ageuksutton.org.uk
www.ageuk.org.uk/sutton
0208 078 0002



Craft my Day- Craft and Laugh club


 Wednesdays,
10:00am- 12:00pm



Building is accessible for most mobility aids. Shop front directly off high street. You can let them know about special access needs as there is a room downstairs which is accessible via a road at the back.

 Worcestor Park



 Craft and Laugh has been created to give people somewhere to go once a week, to set time aside for their craft, or participate in charity recycled bag making sessions and have some company, with other people similarly crafting. **£3 per session**, contact to **book your place:** 0756 622 5843 / rach@craftmyday.com



Did you know...

Creative people live longer. Due to their openness, creative minds tend to live longer, and may even get more creative with age. One of the key contributors to longevity was how creative people react to stress, often seeing obstacles as something to be overcome rather than a barrier which can't be breached.

LET'S CREATE

MORE Age-friendly create activities
across the borough of Sutton

Here is a sample of creative activities across the borough.

PLEASE NOTE: Activities listed on this side are for information only. Please book direct with the organisations.



ACTIVITY	GROUP	AREA	CONTACT FOR MORE INFORMATION
Adult colouring	Honeywood Museum	Carshalton	0208 770 4297
Modelling	North Surrey Military Modelling Group	Hackbridge	membership@nsmmg.org.uk
Sing for Joy	Carshalton Community Allotments	Carshalton	0208 404 1522 food@ecolocal.org.uk
Seasons Art Class	St Elphege's Church	Wallington	0208 835 2116
Repair cafe	Yourspace	Sutton	0777 606 3050 info@suttonrepaircafe.co.uk
Camera club	Mitcham Camera Club	Hackbridge	0784 691 8740 info@mitchamcameraclub.co.uk

Can't see what you're looking for? Check out the full listings online: ageuk.org.uk/sutton or contact us: 0208 078 0002 / letsconnect@ageuksutton.org.uk

