

LET'S MEET

Age-friendly social groups
across the borough of Sutton



What's On Guide

Age UK Sutton is working with partner organisations to showcase a variety of **Age-friendly** activities across Sutton.

letsconnect@ageuksutton.org.uk
www.ageuk.org.uk/sutton
0208 078 0002



Every Friday at 11:00am



Virtual Friday Club



From home, or wherever suits



121 support to join online via Zoom



Great way to meet people from the comfort of your own home! It's also a great way to introduce yourself to groups and activities. We can also provide guidance and support on getting onto Zoom. **FREE** to join, contact Age UK Sutton to register!



Mondays 9:00am-11:00am



Monday Moments



Horizons Church, Assembly Walk
Carshalton SM5 1JH



Step free access, a few parking spaces and bus stop nearby



A warm and welcoming group who make you feel at home! Sit and chat, read the paper or join in some crafts. **FREE** tea & coffee, small donation for food. **FREE**. Contact Jamie Fletcher on 0759 026 0571 / jamie@horizonchurchsutton.org



Mondays (term time) 11am-1pm



Warm Welcome





The Dolphin, 316 Sutton High Street,
SM1 1PR



Entrance is accessible to most mobility aids, very close to bus stop



A safe space to have a coffee, chat and socialise with others. Free Wi-Fi, hot drinks and snacks waiting for you. Free.

ACTIVITY	GROUP	AREA	CONTACT FOR MORE INFORMATION
Day Centre	Sutton Lodge	Sutton	Mondays, Tuesdays Thursdays & Fridays 10:00am-3:00pm. £18 inc. lunch, £5 transport. Brighton Road, SM2 5SW. 020 8642 5496
Community Cafe	Everyone Active	Carshalton	Westcroft Leisure Centre, 3 rd Tuesday of the month. 11am-12:30pm
Chatty Wednesdays	Oru	Sutton	Wednesdays 1pm-3pm, Oru 7 Throwley Way, SM1 4AF. Free.
 ACHA Socials	African & Caribbean Heritage Association	Wallington	Every other Thursday 12:00pm-3:00pm, Phoenix Centre. Free. 0795 738 5071 achasutton@yahoo.com
Weekly Social	Belmont Seniors	Belmont	Tuesdays 2pm-4pm. Belmont Conservative Club. £2
 The Darby and Joan Club	Darby and Joan Club	Carshalton	Tuesday-Friday 1:30pm- 4pm, Milton Hall, Cooper Cres, SM5 2DL. Membership required: darbyandjoan48@gmail.com 07483 145 963

Can't see what you're looking for? Check out the full listings online: ageuk.org.uk/sutton or contact us: 0208 078 0002 / letsconnect@ageuksutton.org.uk

