

# LET'S TALK

Age-friendly social groups  
across the borough of Sutton



## What's On Guide

Age UK Sutton is working with partner organisations to showcase a variety of **Age-friendly** activities across Sutton.

letsconnect@ageuksutton.org.uk  
www.ageuk.org.uk/sutton  
0208 078 0002



Every Friday at 11:00am



### Virtual Friday Club



From home, or wherever suits



121 support to join online via Zoom



Great way to meet people from the comfort of your own home! It's also a great way to introduce yourself to groups and activities. We can also provide guidance and support on getting onto Zoom. **FREE** to join, contact Age UK Sutton to register!



Mondays 9:00am-11:00am



### Monday Moments



Horizons Church, Assembly Walk  
Carshalton SM5 1JH



Step free access, a few parking spaces and bus stop nearby



A warm and welcoming group who make you feel at home! Sit and chat, read the paper or join in some crafts. **FREE** tea & coffee, small donation for food. **FREE**. Contact Jamie Fletcher on 0759 026 0571 / jamie@horizonchurchsutton.org



Tuesdays 10:00am-11:30am



### Time2Meet



West Street Evangelical Church  
Carshalton SM5 2NR



step free access, parking onsite



Lovely local group meeting to enjoy activities, games and friendly conversation. **FREE**. Call Jean on 0776 202 0778



# LET'S TALK

MORE Age-friendly social groups  
across the borough of Sutton

Here is a sample of social groups across the borough.

**PLEASE NOTE:** Activities listed on this side are for information only. Please book direct with the organisations.



ACTIVITY	GROUP	AREA	CONTACT FOR MORE INFORMATION
Bereavement Cafe	Macmillan Butterfly Centre	Epsom Hospital	01372 735 456 0208 296 4730
Community Cafe	Everyone Active	Westcroft Carshalton	
Welcome Cafe	Carshalton Methodist Church	Carshalton	0208 669 3676
Garden Tea	Ecolocal	Carshalton	0208 404 1522
Sisters Tea Time <b>(Women only)</b>	Muslim Cultural & Welfare Association	Carshalton	0793 117 8876 0774 036 3225

Can't see what you're looking for? Check out the full listings online: [ageuk.org.uk/sutton](http://ageuk.org.uk/sutton) or contact us: 0208 078 0002 / [letsconnect@ageuksutton.org.uk](mailto:letsconnect@ageuksutton.org.uk)

