## Age-friendly social groups across the borough of Sutton



## What's On Guide

Age UK Sutton is working with partner organisations to showcase a variety of **Age-friendly** activities across Sutton.

letsconnect@ageuksutton.org.uk www.ageuk.org.uk/sutton 0208 078 0002



### **Virtual Friday Club**

Fridays, 11:00am on Zoom, via mobile app or computer.



Anyone with internet access, smart phone or computer can join. Support to set up Zoom can be provided.

Great way to meet people from the comfort of your own home! It's also a great way to introduce yourself to groups and activities. We can also provide guidance and support on getting onto Zoom. **FREE** to join, contact Age UK Sutton to register!



### **Horizon Church Monday Moments**

Fridays 11:00am- 12:00pm



Main entrance is accessible for most mobility aids. A few parking spaces prioritised for disabled members mainly. Bus stop nearby, road is just to the left of Favourite Chicken Shop.

A warm and welcoming group who will make you feel right at home, whether you want to sit and chat, read a newspaper, play some board games or even have a go at one of our crafts! **FREE** tea and coffee offered, small donation for food. **FREE to join,** contact Jamie Fletcher on 0759 026 0571 / jamie@horizonchurchsutton.org





# MORE Age-friendly social groups across the borough of Sutton

Here is a sample of social groups across the borough.

PLEASE NOTE: Activities listed on this side are for information only.

Please book direct with the organisations.



ACTIVITY	GROUP	AREA	CONTACT FOR MORE INFORMATION
Coffee morning	All Saints Church	Hackbridge	0208 646 1937
Coffee group	Salvation Army	Sutton	0208 642 9862 office@ suttonsa.org
Coffee meet	Spill the beans Beeches Baptist Church	Carshalton Beeches	0208 642 9311 https://www.beechesbaptist. org/contactcafemanag.htm
Coffee, chat and activities	Vanguard Community Centre	Roundshaw	0208 669 5559
Coffee afternoon	Runnymede Court	Beddington	0208 647 2498
Sutton Vision coffee morning	Sutton Vision	Wallington	0208 409 7166 info@suttonvision.org.uk

Can't see what you're looking for? Check out the full listings online: ageuk.org.uk/sutton or contact us: 0208 078 0002 / letsconnect@ageuksutton.org.uk

