

## Community Engagement & Wellbeing Volunteer

Minimum commitment: From 1 hour a week, depending on activity

DBS and training provided

## We will provide training and support to enable you to:

- Offer short-term companionship and wellbeing check-ins over the phone or in person
- Empower our clients to gain a social and support network, and help them connect with community groups and services
- Carry out evaluation interviews with clients, volunteers and older Sutton residents to help their views and experiences be heard
- Submit feedback and pass on any questions or concerns.

## Does this sound like you?

- Friendly and approachable
- Can listen with patience and empathy, without judgement
- Excellent communication skills in a one-to-one setting
- Comfortable using the telephone, or able to travel to a client's home
- · Able to complete feedback forms
- Willing to complete training on key topics (such as confidentiality and safeguarding), and commit to the values and policies of Age UK Sutton (including holding appropriate boundaries).

## To apply:

https://www.ageuk.org.uk/sutton/get-involved/volunteer/application-form/

You can also contact us or enquire at reception for a paper application form.

www.ageuksutton.org.uk volunteering@ageuksutton.org.uk 020 8078 0002