



A
PAID FOR
SERVICE

Whether it's cleaning, shopping or simply a friendly chat, our **Help At Home** service is here to make daily life easier, with the added reassurance of DBS-checked and trained staff and a dedicated customer support team who are just a phone call away.

HOW WE CAN HELP

We start with a free support assessment to create a personalised plan that fits your daily routine and preferences. Our tailored service can include:

- ✓ Housekeeping
- ✓ Cleaning
- ✓ Laundry and ironing
- ✓ Grocery shopping
- ✓ Appointment accompaniment
- ✓ Light meal preparation
- ✓ Friendly companionship
- ✓ Sit-in support service

Every visit is delivered by trained, DBS-checked Age UK Sutton staff, familiar faces who get to know you. With a regular Support Worker or a small, consistent team, we're able to spot early when your needs change so we can adjust your support and offer extra help if needed.

WHY CHOOSE US



TAILORED TO YOU

Our service is built around you and shaped around your needs and preferences.



FLEXIBLE

Whether it's every day, weekly or just now and then, we're here when you need us.



DEDICATED CUSTOMER CARE TEAM

Our friendly Customer Care team works closely with our Support Workers to keep everything running smoothly. We're just a phone call away.



REASSURING AND RELIABLE

All our staff are trained and DBS-checked, giving you confidence and peace of mind.



FAMILIAR FACES

You'll see regular Support Workers who get to know you. We aim to provide the same person each visit and if cover is ever needed, we'll stay within a small team so you're always supported by someone you know.



PEACE OF MIND

Reassurance for you and your loved ones that you're in safe caring hands.



HELP
AT HOME



“Having the same person visit each week means Mum feels comfortable and safe. They've built a lovely bond”
Sarah, Daughter of Client



“If I ever need to change anything, I just call the office and it's sorted quickly. It's reassuring to know there's always someone there”
Margaret, Client. 78

Help At Home is available:

Monday to Friday 9am to 5pm
Saturday 10am to 3pm

£25.81
per hour

Ready to get started?

Get in touch today, we'd love to help. Contact us to book a free support assessment or to learn more.



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