



Don't leave anything behind

Remember:

- Your valuables.
- Important information which is essential for the people who are going to help you (family, friends, carers) when you get home.
- Information about any home care or other health and social care professionals that will be supporting you, following your hospital discharge, including the name and contact details of the provider (see downloadable checklist).
- Medicines and any other treatments you will need – these are referred to as TTOs (To Take Outs).
- A discharge summary letter. A copy will also be sent to your GP.
- Details of outpatient and follow up appointments (this may be sent later as an appointment letter)

If you feel anything is missing, then you can ask to speak to the Discharge Coordinator who can help you.