Torbay
age UK

Advice, support and help for EVERYONE over 50 in Torbay

I will never be able to repay Age UK Torbay for all the help they have given me

Information and advice
- Welfare benefits advice
- Pension credit
- Housing Benefit and Council Tax
- Attendance Allowance
- Personal Independence Payment
- Community Care Advice
- Housing options

Care and support
- Weekly Days out ,small groups
- Home support, same carer
- Befriending and Careline
- Companionship

Wellbeing
- Outreach
- Lunch clubs and Men's clubs

Social activities
- Coach trips
- Cream teas
- Christmas activities

The Home Support service is fantastic. It has enabled me to stay in my own home...

£1.172 million
benefit entitlements claimed 2017

01803 555 181
reception@ageuktorbay.org.uk
www.ageuktorbay.org.uk

Helping people love later life in Torbay

Help us to make a difference

Volunteer

There are many benefits to volunteering, including gaining new skills, enhancing your CV, gaining confidence, feeling valued and part of a team. We need volunteers to help with:

- **Befriending** - visit an older person for an hour or so a week
- **Wellbeing** - support lonely and isolated older people
- **Information & advice** - provide advice and help on entitlements
- **Collection box volunteers** - manage distribution of collecting tubs
- **Ambassadors** - distribute leaflets and pop-ups and attend events

Fundraise

Fundraising is about having fun whilst raising much needed funds to help us support older people in later life. Unleash hidden talents, learn new skills and make friends with like minded individuals. If you would like to fundraise for us, please contact fundraising@ageuktorbay.org.uk.

Become a member

It's free and keeps you up-to-date on all our services, events and activities. Details online **www.ageuk.org.uk/torbay/get-involved/membership/ or call 01803 555 181.**

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