



with



Join us each week for a virtual get together where we will share useful information updates, have a chat and play some games.

All this from the comfort of your own home.



Every Tuesday at 11.00am

Simply use the Zoom app or website on a tablet, mobile phone or computer.

Help with this can be found at
www.ageuktrafford.org.uk



The regular invitation link for the session is,

[https://zoom.us/j/6737469621?
pwd=c2NQZzZYa05sQm9qYUZXeJJoSW9uQT09](https://zoom.us/j/6737469621?pwd=c2NQZzZYa05sQm9qYUZXeJJoSW9uQT09)

Meeting ID: 673 746 9621

Password: 5cPh8H

This can also be found on our Age UK Trafford Facebook page