

## Charges

In order to cover the costs of running our professional dementia day support service we need to charge.  
ALL INCOME FROM OUR CHARGES IS PUT BACK INTO THE CHARITY TO ENSURE ITS SUSTAINABILITY AND MAINTAIN ITS HIGH SERVICE STANDARDS.

Day Support and transport charges can be paid privately or by Personal Budget via a Trafford Council financial assessment.

- Day Support: is £37.50 per day
- Transport: £2.10 per journey
- A variety of lunch options are available which can be discussed at the initial home visit

\* prices correct as at 1/4/19



supported by



Trafford Clinical Commissioning Group



## Contacts

**The Sharples Building,  
1-3 Church Road,  
Urmston,  
Manchester M41 9EH**



### Passion for Life Day Support

Contact: Jo Gorton, Day Support Manager  
Phone: 0161 672 9644  
Mobile: 07469149304  
E-mail: joanne.gorton@ageuktrafford.org.uk

### Dementia and Mild Cognitive Impairment Support (MCI)

Contacts: Memory Loss Advisers  
Phone: 0161 746 3944 or  
E-mail: dementia.adviser@ageuktrafford.org.uk

### Age UK Trafford provides a range of other services –

contact us for more information on  
Phone: 0161 746 9754  
E-mail: admin@ageuktrafford.org.uk

Age UK Trafford is a registered charity No. 1109047 and a company limited by guarantee registered in England and Wales under No. 5384301

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# Specialists in Dementia and Memory Loss Support

Trafford's Premier Service  
for **Memory Loss Advice**  
and **Dementia Day**  
**Support**



[www.ageuktrafford.org.uk](http://www.ageuktrafford.org.uk)  
**0161 746 3944**

Registered Charity No. 1109047 Company No. 5384301

# Dementia & Mild Cognitive Impairment (MCI) Advice & Support Service

## Dementia Advice

If you have dementia or care for someone who does, our memory loss advisers are there to offer advice and support. They can support you prior to your diagnosis and beyond, including helping you to understand what a diagnosis of dementia will mean for you and your family.

As well as our office base in Urmston, our helpline and our newsletter, we have 4 drop-in sessions a month (in Urmston, Sale, Old Trafford and Partington) where you can have the opportunity for face-to-face support from a memory loss adviser. We hold two “hub” meetings for people with memory loss and their carers every month (in Urmston and Hale Barns) where you can get support from peers and hear speakers on topics of interest.

We also aim to raise awareness of dementia in our community and reduce the stigma that is all too often still attached to it.

As well as seeing you at hubs and drop-ins our advisers will aim to carry out a regular review of your circumstances to ensure you continue to receive the support you need. You can also contact us at anytime on the helpline (Mon-Fri), there is an answerphone when the advisers are busy or the office is closed and your call will be returned if you leave a message.

The service is supported by Trafford Borough Council & Trafford Clinical Commissioning Group. We work closely with the GMMH Memory Assessment Service and a variety of other local organisations and therefore people with memory loss and their carers, should be able to easily access all the information and support they need to manage their condition and/or their caring role.

## Mild Cognitive Impairment (MCI) Advice and Support

If you have been diagnosed with Mild Cognitive Impairment our Memory Loss Advice Service is there for advice, information and support. Our advisers will keep in touch with you to ensure you are able to manage your diagnosis and help you with information on the latest evidence on preventing or delaying any possible progression to dementia

We also hold a weekly structured group for people with MCI in Urmston, the group includes information on MCI and dementia, an exercise session, and a cognitive stimulation session each week. Its also an opportunity to socialize with others with the same diagnosis. We hope to develop an additional group in the South of the Borough in 2020.

**The Advice Service is FREE and open to anyone with memory loss (or their carer) – just contact us directly on 0161 746 3944.**

## Passion for Life (Dementia) Day Support

The Day Support service is open to anyone with a dementia, but **unlike the Dementia Advice service, charges do apply.**

It is a specialist service for people with dementia, provided from venues across the Borough.

The service aims to maintain service users’ independence, and to give respite to carers.

### Why choose us:

- We have been providing support for people with dementia for over 25 years
- Our staff are well trained and have expertise in supporting people with dementia, and helping carers to understand the process and effects of dementia and how best to support their cared for;

- People with dementia need a specific kind of support, this is not the same support as a person with a learning disability or autism, or an older person who is simply frail due to age needs.

## Referral

Anyone can refer to this service

- You will receive a home visit from our Day Support Manager who will provide information about the service and our charging policy
- You will be offered an opportunity to visit for one free taster session
- If your needs are met, a regular day will be offered to you
- An agreed care plan will be completed with you, and (if appropriate) your carer, and your needs will be regularly reviewed with you.
- You will enjoy social interaction with peers
- A range of activities to keep your mind and body active
- A community-based setting
- Access to all Age UK Trafford services and appropriate referral to other services where relevant

## As a Carer you can expect:

- A break from the stresses of fulltime caring
- Peace of mind that your cared for is being supported by a well-respected professional organisation with genuine long-term dementia care expertise
- Flexibility to provide additional support in an emergency
- Advice and support to help with your caring needs