

For further details about Chiropody/Podiatry or any of the other services we provide, please contact us using the details below.

Our other services

- Advocacy
- Befriending & LGBTQ+ Befriending
- Cognitive Stimulation Therapy
- Computer Tuition
- Day Care Services
- Dementia Day Care Services
- Form Filling
- Hairdressing
- Home Bathing
- Independent Living Support
- Information and Advice

Age UK Tunbridge Wells

Wood Street
Tunbridge Wells
TN1 2QS

For more information call

01892 522591

email **info@ageuktw.org.uk**

or visit **www.ageuk.org.uk/tunbridgewells**

Chiropody/Podiatry Clinic



Our aim here at AgeUK Tunbridge Wells is to improve later life for everyone

and to make it a fulfilling and enjoyable experience, by offering a range of services to older people in the community, including, among others, our Chiropody/Podiatry clinics.

Chiropody/Podiatry Clinics

Taking good care of our feet is very important, and even more so as we get older none of us should put up with sore toes and feet, whatever our age. If you're experiencing pain or discomfort, the chances are that your feet need some special attention. It's essential to seek expert care as soon as possible because painful feet can compromise your mobility.

Regular check-ups and professional nail trimming can ensure that more complex foot health problems are avoided or treated before they become an issue.

Our chiropodists are fully qualified. They have completed an honours degree to obtain state registration – the only qualification recognised for employment within the NHS and are also Health Professions Council (HPC) registered. They can examine your feet and treat a wide range of foot problems. They'll also tell you how best to maintain healthy feet and advise you on suitable footwear.

Our state-registered chiropodists can treat and give foot care advice to:

- patients with rheumatoid arthritis
- patients with diabetes
- patients with circulatory disorders
- patients on steroids and those with compromised immunity

It's always important to advise the chiropodist about any current medical conditions, medications or treatments that you're receiving.

You may need a referral to an NHS clinic, or back to your GP; the chiropodist can advise you and will liaise with GPs and district nurses to treat any specific problems.

Anyone over the age of 55 can access this service, and we run four clinics a week. You'll need to make an appointment, and there is a charge for the service, but we try to keep this well below what you might pay for other private providers.

If you're interested in the service, speak to your GP, district nurse or care manager. You can also contact the chiropodist directly for further details, or to make an appointment.