

Information & Advice





Our aim here at Age UK Tunbridge Wells is to improve later life for everyone and to make it a fulfilling and enjoyable experience, by offering a range of services to older people in the community, including, among others, our Information & Advice service.

Information & Advice service

We believe that all older people should have access to the very best and most up-to-date information. That's why our Information and Advice service aims to provide local people with support of the highest standard.

Problems can feel overwhelming, especially when we need help to solve them, and sometimes sharing private information can feel daunting. However, making decisions is much easier when you understand all the options. What's more, our advisors are trained, and the service is confidential,

so it's up to you to choose how much information you share, and how much assistance you decide to accept. We can provide information and advice on a whole range of topics including:

- applying for benefits, checking your entitlement and making applications
- dealing with debt and money worries
- finding suitable housing and other accommodation

Age UK has a wide variety of factsheets, providing in-depth information on many of the issues facing older people, their relatives and carers. You can find them online or contact us for more information. While we don't hold the answer to every question, our service is a good place to start, and if we cannot help you directly, we should be able to signpost you to someone who can.



For further details about Information & Advice or any of the other services we provide, please contact us using the details below.

Our other services

- Advocacy
- Befriending & LGBTQ+ Befriending
- Cognitive Stimulation Therapy
- Computer Tuition
- Chiropody/Podiatry Clinics
- Day Care Services
- Dementia Day Care Services
- Form Filling
- Hairdressing
- Home Bathing
- Independent Living Support

Contact us to find out how we can help:

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