# Hello! If you are self-isolating, I can help

My name is

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I live locally at

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My phone number is

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If you are self-isolating due to coronavirus (COVID-19), I can help with:

Picking up shopping ☐            Posting mail ☐

A friendly phone call ☐            Urgent supplies ☐

### Just call or text me and I'll do my best to help you

If you're alone and would prefer help from Wakefield Council please call 0345 8 506 506 between 9am – 5pm, and choose option 3

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