



A guide to our services



Advice, support and services for people over 50
Here for you by phone 01977 552114
and online www.ageukwd.org.uk

Information and Advice

A free advice line offering support and help through life's difficulties such as

- Benefit reviews
- Housing issues
- Blue badge applications
- Money worries

Connecting Care

Working with a team of professionals across the district addressing your health and social needs such as...

- Mental & physical health concerns
- Financial stability
- Wills & Power of Attorney
- Home Adaptations

Advocacy

Making sure your voice is heard for the important decisions in your life. We will be with you step by step to help get the best results for you.

Digital Inclusion

Helping people to get connected online, communicate with friends and family and complete online transactions. Charged per session, call for more details 01977 552114

Wraparound Support

Our staff are ready to listen and support you if you are feeling anxious, have low mood or depression.

Dementia Group Therapy

Using the Cognitive Stimulation Therapy method, this programme is designed for people with Mild to Moderate dementia. A programme has 24 weekly sessions for 8-10 people covering a wide range of engaging topics.



Hospital Transport Support Service

Safe and comfortable transport from hospital to a respite facility or your home. Making sure you have everything you need to make your discharge from hospital as smooth as possible, such as...

- Luggage/bags carried for you
- Support to and from our vehicles
- Welfare call and continued support
- Home heating check
- Basic food shop completed
- Wheelchair friendly assistance

Referral for this service is available from hospital staff only



Wheelchair Loan

Short term loans for a small weekly fee.

- Delivery and collection
- Regularly serviced wheelchairs
- Delivered by a trained member of staff who will demonstrate how to use it safely



Befriending

Matching Volunteer Befrienders with isolated and lonely older people, providing friendship and support.

A choice of either telephone befriending or home visit befriending is available.



Step Out

Assisting and supporting over 60's to gain the confidence to improve or increase independent access to social activities and groups, making later life a more enjoyable experience.



Time for Tea

Group activities bringing people together for a chat and a cuppa in easily accessible locations.



Wakefield District Bereavement Service

Support for people (aged 18+) experiencing challenging times following the death of a loved one. Tailored support including information and advice, 1:1 counselling or group sessions.

Home Support Services



Paid for services to meet your domestic and personal care needs, enabling independent living in your own home including:

- Support tailored to individual needs, combining personal care and domestic support
- Intermittent respite, providing a break for those who care for others
- Short term support in times of crisis

For more information please use our direct telephone number
01977 664861

Age UK Wakefield District is an independent charity working in the Wakefield district to offer support and services to older people.

Find out more about us at : www.ageukwd.org.uk

How you can offer support...



Through donations...

We are always grateful for your donations of goods for our shops but please check the website for opening times to make sure there's someone there to accept them.



Through volunteering...

There are ways you can help such as Telephone Befriending, supporting our Digital Inclusion programme, shop team member or even joining our governing board.



Through giving...

You can use the Donate button on our webpage and visit JustGiving to support our sponsored challenges at www.justgiving.com/ageuk-wakefield



Through fundraising...

Why not organise an event or activity to raise funds for us? From Skydiving to Quiz night the challenge is yours!

Please contact us if you would like more information about how you can help.

Age UK Wakefield District

7 Bank Street
Castleford
WF10 1JD

01977 552114
admin@ageukwd.org.uk
www.ageukwd.org.uk

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