



# A guide to our services



Advice, support and services for people over 50  
Here for you by phone 01977 552114  
and online [www.ageukwd.org.uk](http://www.ageukwd.org.uk)

## Information and Advice

A free advice line offering support and help through life's difficulties such as

- Benefit reviews
- Housing issues
- Blue badge applications
- Money worries

## Connecting Care

Working with a team of professionals across the district addressing your health and social needs such as...

- Mental & physical health concerns
- Financial stability
- Energy Advice
- Home Adaptations

## Advocacy

Making sure your voice is heard for the important decisions in your life. We will be with you step by step to help get the best results for you.

## Wraparound Support

Our staff are ready to listen and support you if you are feeling worried, have low mood or are struggling with life changes.

## Home Support Services

We are so much more than just another care or cleaning company. We offer a wide range of support to help you stay independent in your own home. We focus on you and what you want, we make time for you.

We can help you with

- Managing your medication
- Cleaning
- Bathing and showering
- Getting out in the community
- Cooking

To find out more, give us a call and arrange a home visit on 01977 664861 or send us an email [homesupportservice@ageukwd.org.uk](mailto:homesupportservice@ageukwd.org.uk)

## Dementia Group Activity



Using the Cognitive Stimulation Therapy method, this programme is designed for people with mild to moderate dementia. A programme has 24 weekly sessions for 8-10 people covering a wide range of engaging topics. We also offer a monthly group so you can continue to connect

## Wheelchair Loan



Short term loans for a small weekly fee.

- Delivery and collection
- Regularly serviced wheelchairs
- Delivered by a trained member of staff who will demonstrate how to use it safely

## Befriending



Our Befriending Service helps older people feel less alone. We carefully match each person with a volunteer who offers regular companionship, whether that's a weekly visit, a friendly phone call, or support to get out and about and build new social connections. Support can be open-ended or time-limited, depending on individual needs.

## Step Out



Assisting and supporting over 50's to gain the confidence to improve or increase independent access to social activities and groups, making later life a more enjoyable experience.

## Time for Tea



Group activities bringing people together for a chat and a cuppa in welcoming, accessible locations. Sessions offer friendly support, digital help, connect people to services if needed, and empower communities through local and pop-up events.

## Wakefield District Bereavement Service



Support for people (aged 18+) experiencing challenging times following the death of a loved one. Tailored support including information and advice, 1:1 support or group sessions.

# Hospital Transport Support Service

Safe and comfortable transport from hospital to a respite facility or your home. Making sure you have everything you need to make your discharge from hospital as smooth as possible, such as...

- Luggage/bags carried for you
- Support to and from our vehicles
- Welfare call and continued support
- Home heating check
- Basic food shop completed
- Wheelchair friendly assistance
- Person centred assessment and onward referrals

**Please ask a member of hospital staff to refer you to our service**

## How you can offer support...

Age UK Wakefield District is an independent charity working in the Wakefield district to offer support and services to older people.

### Through volunteering...

Volunteering with us is a great way to support our organisation, with a range of roles available for people of all ages. Contact us to find out how you can get involved.

### Through giving...

Support us online using the Donate button on our website, or take part in our sponsored challenges via [www.justgiving.com/ageuk-wakefield](http://www.justgiving.com/ageuk-wakefield) or by scanning this QR code with your phone camera.

Every contribution makes a difference to the thousands of people.

### Through fundraising...

You can get involved in ways that suit your interests, skills, and passions. Organise an event or activity to raise funds — from quiz nights to skydiving, the challenge is yours.

### Through donations...

Thank you for your generous donations to our shops! Check our website for opening times so we can welcome them with a smile.



**Please contact us if you would like more information about how you can help.**

01977 552114  
admin@ageukwd.org.uk  
www.ageukwd.org.uk

With thanks  
to the Key Fund  
for your support

