knit a helping hat

knit us a hat and
we'll pop it on a bottle
to help older people
live well



30p goes to Age UK*

Send your hats to this address

Age UK WF
Resource Hub North
58 Hall Lane, Chingford
E4 8EU

Waltham Forest Age UK

innocent the big knit

Age UK
Let's change how we age

*innocent gives 30p to Age UK for every bottle sold with a hat on

Age UK is a registered charity (1128267)
Registered with FUNDRAISING REGULATOR

simple bobble hat

beginner pattern

Yarn: Double Knit

Needles: 4mm

Hat

Cast on 31 sts
Knit two rows

Beginning with a knit row work 12 rows in st st
Next row: k2tog to last st, k1 (16sts)
Next row: purl
Next row: k2tog to end (8sts)

Cut the yarn leaving approx 10cm length. Thread this through sewing needle and bring through stitches and pull up to tighter

Making up

Use a sewing needle to join side seams.

Make a pompom in white and sew securely to top of the hat. (optional)



Abbreviations: St(s) - stitch(es) | st st - stocking stitch | k2tog - knit two together