

Shopping Volunteer

Purpose	Shopping volunteers regularly shop for those with a home address in the borough of Waltham Forest and are over the age of 60 and unable to rely on family or trusted friends for adequate support.
Services Manager	Emma Levine
Time Commitment	As and when required (ideally one shop per week)

Main Tasks of the Role

- To do a food shop and deliver it to an older person living in Waltham Forest.
- Age UK Waltham Forest work with the older person to create their shopping list and then send the details to the volunteer by email.
- The volunteer picks, pays and delivers the shopping to the older person's doorstep.
- Depending on the delivery address and the amount of shopping access to a car/vehicle can be helpful but isn't essential.

<p>What we expect from our volunteer</p> <ul style="list-style-type: none"> • For you to be committed and reliable • For you to be aware of Health and Safety issues at all times • For you to work within Age UK Waltham Forest's Equal Opportunities Policy and Confidentiality Policy 	<p>What the volunteer can expect from us</p> <ul style="list-style-type: none"> • You will receive an induction to the organisation and to your role • You will be provided with training and ongoing support • Expenses will be reimbursed
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DBS (formerly CRB) checks are required for Volunteer roles for one-to-one work with older people. We will arrange this for you if your role requires it and you will not incur any costs.

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