

Age UK Wandsworth – Community Engagement Activities – August 2025

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| Fri 01 Aug | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Mon 04 Aug | 11:00 – 13:00 | Ready, Sit, Go! Seated Exercise Class [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Mon 04 Aug | 13:30 – 15:00 | Age Is Just a Number [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Tue 05 Aug | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Tue 05 Aug | 13:30 – 14.30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 06 Aug | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 06 Aug | 10:30 – 15:00 | Roehampton Community Shed | 5 Portswood Place, Roehampton |
| Wed 06 Aug | 13:30 – 15:00 | Digital Inclusion Programme | Wandsworth Town Library |
| Wed 06 Aug | 13:30 – 15:00 | Asian Women's Exercise Group | Gwynneth Morgan Day Centre |
| Thu 07 Aug | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 07 Aug | 11:00 – 13:00 | Irie Rhythms: Caribbean Dance Group | Gwynneth Morgan Day Centre |
| Thu 07 Aug | 11:30 – 14:30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 07 Aug | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 07 Aug | 13:30 – 15:00 | Active Afternoons – physical indoor games | Gwynneth Morgan Day Centre |
| Fri 08 Aug | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Mon 11 Aug | 10:30 – 12:00 | Digital Inclusion Programme | Northcote Road Library |
| Mon 11 Aug | 11:00 – 13:00 | Music, Melody, Memories [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Mon 11 Aug | 13:30 – 15:00 | Age Is Just a Number [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Tue 12 Aug | 10:30 – 12:00 | Digital Inclusion Programme | Tooting Library |
| Tue 12 Aug | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Wed 13 Aug | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 13 Aug | 10:30 – 15:00 | Roehampton Community Shed | 5 Portswood Place, Roehampton |
| Wed 13 Aug | 13:30 – 15:00 | Digital Inclusion Programme | Balham Library |
| Wed 13 Aug | 13:30 – 15:00 | Asian Women's Exercise Group | Gwynneth Morgan Day Centre |
| Thu 14 Aug | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 14 Aug | 11:00 – 13:00 | BlindAid Yoga [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 14 Aug | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 14 Aug | 13:30 – 15:00 | Active Afternoons – karaoke | Gwynneth Morgan Day Centre |
| Fri 15 Aug | 13:00 – 15:00 | Special Event: Foodie Fridays Summer Exhibition | Gwynneth Morgan Day Centre |
| Mon 18 Aug | 11:00 – 13:00 | Ready, Sit, Go! Seated Exercise Class [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Mon 18 Aug | 13:30 – 15:00 | Age Is Just a Number [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Tue 19 Aug | 10:30 – 12:00 | Digital Inclusion Programme | Battersea Park Library |
| Tue 19 Aug | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Wed 20 Aug | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 20 Aug | 10:30 – 15:00 | Roehampton Community Shed | 5 Portswood Place, Roehampton |
| Wed 20 Aug | 13:30 – 15:00 | Digital Inclusion Programme | Putney Library |
| Wed 20 Aug | 13:30 – 15:00 | Asian Women's Exercise Group | Gwynneth Morgan Day Centre |
| Thu 21 Aug | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 21 Aug | 11:00 – 13:00 | Irie Rhythms: Caribbean Dance Group | Gwynneth Morgan Day Centre |
| Thu 21 Aug | 13:30 – 15:00 | Active Afternoons – bingo | Gwynneth Morgan Day Centre |
| Fri 22 Aug | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Mon 25 Aug | LATE AUGUST BANK HOLIDAY | | |
| Tue 26 Aug | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |

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| Tue 29 July | 11:00 – 12.30 | LGBTQ+ Coffee Morning [PLEASE BOOK] | Avery Care Home Wandsworth |
| Wed 27 Aug | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 27 Aug | 10:30 – 12:00 | Digital Inclusion Programme | Southfields Library |
| Wed 27 Aug | 10:30 – 15:00 | Roehampton Community Shed | 5 Portswood Place, Roehampton |
| Wed 27 Aug | 13:30 – 15:00 | Digital Inclusion Programme | Roehampton Library |
| Wed 27 Aug | 13:30 – 15:00 | Asian Women's Exercise Group | Gwynneth Morgan Day Centre |
| Thu 28 Aug | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 28 Aug | 13:30 – 15:00 | Active Afternoons – seated yoga | Gwynneth Morgan Day Centre |
| Fri 29 Aug | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |

Please book in advance to attend the following sessions:

- **Ready, Sit, Go! seated exercise** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
- **Groovy Moves Dance Group** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
- **LGBTQ+ Coffee Mornings** please call Avery Care Home Wandsworth Common on 020 3751 1764
- **Foodie Fridays** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
- For all **general enquiries** please call 020 8877 8947 or visit our website www.ageuk.org.uk/wandsworth