**Age UK Wandsworth – Community Engagement Activities – May 2025** 

|  |  |  |  |
| --- | --- | --- | --- |
| Thu 01 May | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 01 May | 11:00 – 13:00 | Irie Rhythms: Caribbean Dance Group | Gwynneth Morgan Day Centre |
| Thu 01 May | 11:30 – 14:30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 01 May | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 01 May | 13:30 – 15:00 | Active Afternoons – walk | Gwynneth Morgan Day Centre |
| Fri 02 May | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |
|  |  |  |  |
| Mon 05 May | Early May Bank Holiday |
| Tue 06 May | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Wed 07 May | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 07 May | 10:30 – 15:00 | Roehampton Community Shed  | 5 Portswood Place, Roehampton |
| Wed 07 May | 13:30 – 15:00 | Digital Inclusion Programme | Wandsworth Town Library |
| Wed 07 May | 13:30 – 15:00 | Asian Women’s Exercise Group [ASIAN WOMEN ONLY] | Gwynneth Morgan Day Centre |
| Wed 07 May | 13:30 – 14:30 | Brighter Together [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 08 May | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 08 May | 11:00 – 13:00 | BlindAid Seated Yoga [FULLY BOOKED]  | Gwynneth Morgan Day Centre |
| Thu 08 May | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 08 May | 13:30 – 15:00 | Special Event: VE Day Street Party | Gwynneth Morgan Day Centre |
| Fri 09 May | 11:30 – 13:30 | Foodie Fridays - Ministry of Food Special Lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |
|  |  |  |  |
| Mon 12 May | 10:30 – 12:00 | Digital Inclusion Programme | Northcote Road Library |
| Mon 12 May | 11:00 – 13:00 | Ready, Sit, Go! Seated Exercise Class [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Tue 13 May | 10:30 – 12:00 | Digital Inclusion Programme | Tooting Library |
| Tue 13 May | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Tue 13 May | 13:30 – 14.30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 14 May | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 14 May | 10:30 – 15:00 | Roehampton Community Shed  | 5 Portswood Place, Roehampton |
| Wed 14 May | 13:30 – 15:00 | Digital Inclusion Programme | Balham Library |
| Wed 14 May | 13:30 – 15:00 | Asian Women’s Exercise Group [ASIAN WOMEN ONLY] | Gwynneth Morgan Day Centre |
| Wed 14 May | 13:30 – 15:00  | Brighter Together [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 15 May | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 15 May | 11:00 – 13:00 | Irie Rhythms: Caribbean Dance Group | Gwynneth Morgan Day Centre |
| Thu 15 May | 11:30 – 14:30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 15 May | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 15 May | 13:30 – 15:00 | Active Afternoons – physical indoor games | Gwynneth Morgan Day Centre |
| Fri 16 May | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |
|  |  |  |  |
| Mon 19 May | 13:30 – 14.30 | Music, Melody & Memories [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Tue 20 May | 10:30 – 12:00 | Digital Inclusion Programme | Battersea Park Library |
| Tue 20 May | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Tue 20 May | 13:30 – 14.30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 21 May | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 21 May | 10:30 – 15:00 | Roehampton Community Shed  | 5 Portswood Place, Roehampton |
| Wed 21 May | 13:30 – 15:00 | Digital Inclusion Programme | Putney Library |
| Wed 21 May | 13:30 – 15:00 | Asian Women’s Exercise Group [ASIAN WOMEN ONLY] | Gwynneth Morgan Day Centre |
| Wed 21 May | 13:30 – 14:30 | Brighter Together [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 22 May | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 22 May | 11:00 – 13:00 | BlindAid Seated Yoga [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 22 May | 11:30 – 14:30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 22 May | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 22 May | 13:30 – 15:00 | Active Afternoons – quiz | Gwynneth Morgan Day Centre |
| Fri 23 May | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |
|  |  |  |  |
| Mon 26 May | Spring Bank Holiday |
| Tue 27 May | 11:00 – 12:30 | LGBTQ+ Coffee Morning [PLEASE BOOK]  | Avery Care Home  |
| Tue 27 May | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Tue 27 May | 13:30 – 14.30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 28 May | 10:30 – 12:00 | Coffee Morning  | Gwynneth Morgan Day Centre |
| Wed 28 May | 10:30 – 15:00 | Roehampton Community Shed  | 5 Portswood Place, Roehampton |
| Wed 28 May | 10:30 – 12:00 | Digital Inclusion Programme | Southfields Library |
| Wed 28 May | 13:30 – 15:00 | Asian Women’s Exercise Group [ASIAN WOMEN ONLY] | Gwynneth Morgan Day Centre |
| Wed 28 May | 13:30 – 15:00 | Brighter Together [FULLY BOOKED]  | Gwynneth Morgan Day Centre |
| Wed 28 May | 13:30 – 15:00 | Digital Inclusion Programme | Roehampton Library |
| Thu 29 May | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 29 May | 11:00 – 13:00 | Irie Rhythms: Caribbean Dance Group | Gwynneth Morgan Day Centre |
| Thu 29 May | 11:30 – 14:30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 29 May | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 29 May | 13:30 – 15:00 | Active Afternoons – Seated Yoga | Gwynneth Morgan Day Centre |
| Fri 30 May | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |

**Please book in advance to attend the following sessions:**

* **Ready, Sit, Go! seated exercise** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
* **Groovy Moves Dance Group** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
* **LGBTQ+ Coffee Mornings** please call Avery Care Home Wandsworth on 020 3751 1764
* **Foodie Fridays** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
* For all **general enquiries** please call 020 8877 8947 or visit our website [www.ageuk.org.uk/wandsworth](https://ageukwandsworth.sharepoint.com/sites/AgeUKWandsworth/Shared%20Documents/General/Community%20Engagement%20Services/Age%20Well%20Central/Activities%20%26%20Groups/Monthly%20timetables/www.ageuk.org.uk/wandsworth)