

## Community Engagement Activities – May 2026

| DATE       | TIME          | SESSION NAME                     | BOOKING / PRICE  | LOCATION                   |
|------------|---------------|----------------------------------|------------------|----------------------------|
| Fri 01 May | 12:00 – 14:00 | Foodie Fridays: Lunch & Art Club | Booking Required | Gwynneth Morgan Day Centre |

**Mon 04 May | BANK HOLIDAY**

|            |               |                                       |                       |                               |
|------------|---------------|---------------------------------------|-----------------------|-------------------------------|
| Tue 05 May | 11:00 – 12:30 | Groovy Moves Dance Group              | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Tue 05 May | 13:30 – 14:30 | BlindAid Cookery                      | Fully Booked          | Gwynneth Morgan Day Centre    |
| Tue 05 May | 14:00 – 15:30 | Seated Yoga                           | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Tue 05 May | 14:00 – 15:30 | Digital Skills Learning Group         | Fully Booked          | Alton Sheltered Housing       |
| Wed 06 May | 10:30 – 12:00 | Coffee Morning                        | Drop-In               | Gwynneth Morgan Day Centre    |
| Wed 06 May | 10:30 – 15:00 | Roehampton Community Shed             | Drop-In               | 5 Portswood Place, Roehampton |
| Wed 06 May | 14:00 – 15:30 | Ready, Sit, Go! Seated Exercise Class | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Wed 06 May | 13:30 – 15:00 | Digital Inclusion Programme           | Drop-In               | Wandsworth Town Library       |
| Thu 07 May | 10:30 – 11:30 | Digital 1:1 Support                   | Booking Required      | Gwynneth Morgan Day Centre    |
| Thu 07 May | 11:00 – 12:30 | Irie Rhythms Caribbean Dance          | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Thu 07 May | 13:30 – 15:00 | Bingo                                 | Drop-In               | Gwynneth Morgan Day Centre    |
| Fri 08 May | 12:00 – 14:00 | Foodie Fridays: Lunch & Art Club      | Booking Required      | Gwynneth Morgan Day Centre    |

|            |                |                                       |                       |                               |
|------------|----------------|---------------------------------------|-----------------------|-------------------------------|
| Mon 11 May | 10:30 – 12:00  | Digital Inclusion Programme           | Drop-In               | Northcote Library             |
| Mon 11 May | 11:00 – 12:30  | NEW: Bring Your Own Vinyl             | Drop-In               | Gwynneth Morgan Day Centre    |
| Mon 11 May | 11:00 – 13:00  | BlindAid IT Classes                   | Book with BlindAid    | Gwynneth Morgan Day Centre    |
| Mon 11 May | 11:30 – 14:30  | BlindAid Cookery                      | Book with BlindAid    | Gwynneth Morgan Day Centre    |
| Mon 11 May | 14:00 – 15:30  | Ready, Sit, Go! Seated Exercise Class | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Mon 11 May | 15:00 – 16:00  | NEW: Way of Council                   | Booking Required      | Northcote Library             |
| Tue 11 May | 10:30 – 12:00  | Digital Inclusion Programme           | Drop-In               | Battersea Park Library        |
| Tue 12 May | 11:00 – 12:30  | Groovy Moves Dance Group              | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Tue 12 May | 13:30 – 14:30  | BlindAid Cookery                      | Fully Booked          | Gwynneth Morgan Day Centre    |
| Wed 13 May | 10:30 – 12:00  | Coffee Morning                        | Drop-In               | Gwynneth Morgan Day Centre    |
| Wed 13 May | 10:30 – 15:00  | Roehampton Community Shed             | Drop-In               | 5 Portswood Place, Roehampton |
| Wed 13 May | 13:30 – 14:30  | Brighter Together                     | Fully Booked          | Gwynneth Morgan Day Centre    |
| Wed 13 May | 13:30 – 15:00  | Digital Inclusion Programme           | Drop-In               | Balham Library                |
| Thu 14 May | 10:30 – 11:30  | Digital Skills Learning Group         | Booking Required      | Gwynneth Morgan Day Centre    |
| Thu 14 May | 11:00 – 12:00* | Irie Rhythms Caribbean Dance Group    | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Thu 14 May | 12:30 – 14:30  | World Kitchen: Supper Club            | Drop-In               | Gwynneth Morgan Day Centre    |
| Fri 15 May | 12:00 – 14:00  | Foodie Fridays: Lunch & Art Club      | Booking Required      | Gwynneth Morgan Day Centre    |

|            |               |                                       |                       |                               |
|------------|---------------|---------------------------------------|-----------------------|-------------------------------|
| Mon 18 May | 11:00 – 13:00 | Music, Melody, Memories               | Booking Required      | Gwynneth Morgan Day Centre    |
| Mon 18 May | 11:00 – 13:00 | BlindAid IT Classes                   | Book with BlindAid    | Gwynneth Morgan Day Centre    |
| Mon 18 May | 11:30 – 14:30 | BlindAid Cookery                      | Book with BlindAid    | Gwynneth Morgan Day Centre    |
| Mon 18 May | 14:00 – 15:30 | Ready, Sit, Go! Seated Exercise Class | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Tue 19 May | 10:30 – 12:00 | Digital Inclusion Programme           | Drop-In               | Tooting Library               |
| Tue 19 May | 11:00 – 12:30 | Groovy Moves Dance Group              | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Tue 19 May | 13:30 – 14:30 | BlindAid Cookery                      | Fully Booked          | Gwynneth Morgan Day Centre    |
| Tue 19 May | 14:00 – 15:30 | Seated Yoga                           | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Wed 20 May | 10:30 – 12:00 | Coffee Morning                        | Drop-In               | Gwynneth Morgan Day Centre    |
| Wed 20 May | 10:30 – 15:00 | Roehampton Community Shed             | Drop-In               | 5 Portswood Place, Roehampton |

|            |               |                                       |                       |                            |
|------------|---------------|---------------------------------------|-----------------------|----------------------------|
| Wed 20 May | 13:30 – 14:30 | Brighter Together                     | Fully Booked          | Gwynneth Morgan Day Centre |
| Wed 20 May | 13:30 – 15:00 | Digital Inclusion Programme           | Drop-In               | Putney Library             |
| Thu 21 May | 10:30 – 11:30 | Digital 1:1 Support                   | Booking Required      | Gwynneth Morgan Day Centre |
| Thu 21 May | 11:00 – 12:30 | Irie Rhythms Caribbean Dance Group    | Booking Required / £6 | Gwynneth Morgan Day Centre |
| Thu 21 May | 13:30 – 15:00 | Memory Boxes Reminiscence Session     | Booking Required      | Gwynneth Morgan Day Centre |
| Thu 21 May | 13:30 – 14:30 | Time Givers Intergenerational Project | Fully Booked          | Gwynneth Morgan Day Centre |
| Fri 22 May | 12:00 – 14:00 | Foodie Fridays: Lunch & Art Club      | Booking Required      | Gwynneth Morgan Day Centre |

**Mon 25 May | BANK HOLIDAY**

|            |               |                                       |                       |                               |
|------------|---------------|---------------------------------------|-----------------------|-------------------------------|
| Tue 26 May | 11:00 – 12:30 | Groovy Moves Dance Group              | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Tue 26 May | 11:00 – 12:30 | LGBTQ+ Coffee Morning                 | Booking Required*     | Avery Care Home Wandsworth    |
| Tue 26 May | 13:30 – 14:30 | BlindAid Cookery                      | Fully Booked          | Gwynneth Morgan Day Centre    |
| Wed 27 May | 10:30 – 12:00 | Coffee Morning                        | Drop-In               | Gwynneth Morgan Day Centre    |
| Wed 27 May | 10:30 – 15:00 | Roehampton Community Shed             | Drop-In               | 5 Portswood Place, Roehampton |
| Wed 27 May | 10:30 – 12:00 | Digital Inclusion Programme           | Drop-In               | Southfields Library           |
| Wed 27 May | 14:00 – 15:30 | Ready, Sit, Go! Seated Exercise Class | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Thu 28 May | 10:30 – 12:00 | Digital 1:1 Support                   | Booking Required      | Gwynneth Morgan Day Centre    |
| Thu 28 May | 11:00 – 12:30 | Irie Rhythms Caribbean Dance Group    | Booking Required / £6 | Gwynneth Morgan Day Centre    |
| Fri 29 May | 12:00 – 14:00 | Foodie Fridays: Lunch & Art Club      | Booking Required      | Gwynneth Morgan Day Centre    |

## **INFORMATION ABOUT BOOKING**

Booking is essential for some sessions, and drop-ins cannot be accepted.

- **To book sessions at Gwynneth Morgan Day Centre, please email [outreach@ageukwandsworth.org.uk](mailto:outreach@ageukwandsworth.org.uk) or call 020 8877 8947.** Spaces may be limited.
- If you are unable to attend, please cancel in advance by phone or email so your place can be offered to someone else.

Booking is required for:

- Ready, Sit, Go! Seated Exercise
- Music, Melody & Memories
- Groovy Moves: Dance Group
- World Kitchen: Supper Club
- Memory Boxes: Reminiscence Group
- Irie Rhythms: Caribbean Dance Group
- Foodie Fridays: Lunch & Art Club

## **OTHER BOOKING CONTACTS**

- **LGBTQ+ Coffee Mornings** please call Avery Care Home Wandsworth Common on 020 3751 1764
- **Digital Inclusion Programme (DIP)** – For enquiries regarding our DIP sessions email us at [digital@ageukwandsworth.org.uk](mailto:digital@ageukwandsworth.org.uk) or call 020 8877 8947
- **BlindAid** is a London-based charity that supports adults with sight loss. We provide Sight Support Services (regular home visits or calls), Community Projects (creative and skill-based classes), Share London (a volunteer befriending service) and Grants to visually impaired Wandsworth residents. If you are interested in any of our services, then please do contact our enquiries team on telephone: 02074036184 or email: [enquiries@blindaid.org.uk](mailto:enquiries@blindaid.org.uk)
- For all **general enquiries** please call 020 8877 8947 or visit our website [www.ageuk.org.uk/wandsworth](http://www.ageuk.org.uk/wandsworth)