**Age UK Wandsworth – Community Engagement Activities October 2025** 

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| Wed 01 Oct | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 01 Oct | 10:30 – 15:00 | Roehampton Community Shed  | 5 Portswood Place, Roehampton |
| Wed 01 Oct | 13:30 – 15:00 | Asian Women’s Exercise Group | Gwynneth Morgan Day Centre |
| Wed 01 Oct | 13:30 – 14:30 | Brighter Together [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 02 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 02 Oct | 11:00 – 13:00 | Irie Rhythms: Caribbean Dance Group | Gwynneth Morgan Day Centre |
| Thu 02 Ot | 11:30 – 14:30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 02 Oct | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Fri 03 Oct | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |
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| Mon 06 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Northcote Library |
| Mon 06 Oct | 11:00 – 13:00 | Music, Melody & Memories Music Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Tue 07 Oct | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Tue 07 Oct | 13:30 – 14.30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 08 Oct | 10:30 – 12:00 | Coffee Morning: African & Caribbean Food Month  | Gwynneth Morgan Day Centre |
| Wed 08 Oct | 10:30 – 15:00 | Roehampton Community Shed  | 5 Portswood Place, Roehampton |
| Wed 08 Oct | 13:30 – 15:00 | Digital Inclusion Programme | Wandsworth Town Library |
| Wed 08 Oct | 13:30 – 15:00 | Asian Women’s Exercise Group | Gwynneth Morgan Day Centre |
| Wed 08 Oct | 13:30 – 14:30 | Brighter Together [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 09 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 09 Oct | 11:00 – 13:00 | BlindAid Yoga [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 09 Oct | 11:30 – 14:30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 09 Oct | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 09 Oct | 13:30 – 15:00 | Active Afternoons – balloon tennis | Gwynneth Morgan Day Centre |
| Fri 10 Oct | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |
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| Mon 13 Oct | 11:00 – 13:00 | Ready, Sit, Go! Seated Exercise Class [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Mon 13 Oct | 13:30 – 15:00  | Age Is Just a Number [FULLY BOOKED]  | Gwynneth Morgan Day Centre |
| Tue 14 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Tooting Library |
| Tue 14 Oct | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Tue 14 Oct | 13:30 – 14.30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 15 Oct | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 15 Oct | 10:30 – 15:00 | Roehampton Community Shed  | 5 Portswood Place, Roehampton |
| Wed 15 Oct | 13:30 – 15:00 | Digital Inclusion Programme | Balham Library |
| Wed 15 Oct | 13:30 – 15:00 | Asian Women’s Exercise Group | Gwynneth Morgan Day Centre |
| Wed 15 Oct | 13:30 – 14:30 | Brighter Together [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 16 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 16 Oct | 11:00 – 13:00 | Irie Rhythms: African & Caribbean Food Month | Gwynneth Morgan Day Centre |
| Thu 16 Oct | 11:30 – 14:30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 16 Oct | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 16 Oct | 13:30 – 15:00 | Active Afternoons – karaoke | Gwynneth Morgan Day Centre |
| Fri 17 Oct | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |
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| Mon 20 Oct | 11:00 – 13:00 | Ready, Sit, Go: Diwali Celebration [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Mon 20 Oct | 13:30 – 15:00  | Age Is Just a Number [FULLY BOOKED]  | Gwynneth Morgan Day Centre |
| Tue 21 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Battersea Park Library |
| Tue 21 Oct | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Tue 21 Oct | 13:30 – 14.30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 22 Oct | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 22 Oct | 10:30 – 15:00 | Roehampton Community Shed  | 5 Portswood Place, Roehampton |
| Wed 22 Oct | 13:30 – 15:00 | Digital Inclusion Programme | Putney Library |
| Wed 22 Oct | 13:30 – 15:00 | Asian Women’s Exercise Group: Diwali Celebration | Gwynneth Morgan Day Centre |
| Wed 22 Oct | 13:30 – 14:30 | Brighter Together [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 23 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 23 Oct | 11:00 – 13:00 | BlindAid Yoga [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 23 Oct | 11:30 – 14:30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 23 Oct | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 23 Oct | 13:30 – 15:00 | Active Afternoons – bingo | Gwynneth Morgan Day Centre |
| Fri 24 Oct | 11:30 – 13:30 | Foodie Fridays: African & Caribbean Food Month [PLEASE BOOK] | Gwynneth Morgan Day Centre |
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| Mon 27 Oct | 11:00 – 13:00 | Ready, Sit, Go! Seated Exercise Class [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Tue 28 Oct | 11:00 – 13:00 | Groovy Moves Dance Group [PLEASE BOOK] | Gwynneth Morgan Day Centre |
| Tue 28 Oct | 11:00 – 12.30  | LGBTQ+ Coffee Morning [PLEASE BOOK] | Avery Care Home Wandsworth |
| Tue 28 Oct | 13:30 – 14.30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Wed 29 Oct | 10:30 – 12:00 | Coffee Morning | Gwynneth Morgan Day Centre |
| Wed 29 Oct | 10:30 – 15:00 | Roehampton Community Shed  | 5 Portswood Place, Roehampton |
| Wed 29 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Southfields Library |
| Wed 29 Oct | 13:30 – 15:00 | Asian Women’s Exercise Group | Gwynneth Morgan Day Centre |
| Thu 30 Oct | 10:30 – 12:00 | Digital Inclusion Programme | Gwynneth Morgan Day Centre |
| Thu 30 Oct | 11:00 – 13:00 | Irie Rhythms: Caribbean Dance Group | Gwynneth Morgan Day Centre |
| Thu 30 Oct | 11:30 – 14:30 | BlindAid Cookery Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 30 Oct | 13:00 – 15:00 | Blind Aid IT Group [FULLY BOOKED] | Gwynneth Morgan Day Centre |
| Thu 30 Oct | 13:30 – 15:00 | Active Afternoons – seated yoga | Gwynneth Morgan Day Centre |
| Fri 31 Oct | 11:30 – 13:30 | Foodie Fridays – arts & crafts with lunch [PLEASE BOOK] | Gwynneth Morgan Day Centre |

**Please book in advance to attend the following sessions:**

* **Ready, Sit, Go! seated exercise** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
* **Groovy Moves Dance Group** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
* **LGBTQ+ Coffee Mornings** please call Avery Care Home Wandsworth Common on 020 3751 1764
* **Foodie Fridays** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
* For all **general enquiries** please call 020 8877 8947 or visit our website [www.ageuk.org.uk/wandsworth](https://ageukwandsworth.sharepoint.com/sites/AgeUKWandsworth/Shared%20Documents/General/Community%20Engagement%20Services/Age%20Well%20Central/Activities%20%26%20Groups/Monthly%20timetables/www.ageuk.org.uk/wandsworth)