

Age UK Wandsworth – Community Engagement Activities – May 2025

Thu 01 May	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 01 May	11:00 – 13:00	Irie Rhythms: Caribbean Dance Group	Gwynneth Morgan Day Centre
Thu 01 May	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 01 May	13:00 – 15:00	Blind Aid IT Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 01 May	13:30 – 15:00	Active Afternoons – walk	Gwynneth Morgan Day Centre
Fri 02 May	11:30 – 13:30	Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre

Mon 05 May	Early May Bank Holiday		
Tue 06 May	11:00 – 13:00	Groovy Moves Dance Group [PLEASE BOOK]	Gwynneth Morgan Day Centre
Wed 07 May	10:30 – 12:00	Coffee Morning	Gwynneth Morgan Day Centre
Wed 07 May	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 07 May	13:30 – 15:00	Digital Inclusion Programme	Wandsworth Town Library
Wed 07 May	13:30 – 15:00	Asian Women's Exercise Group [ASIAN WOMEN ONLY]	Gwynneth Morgan Day Centre
Wed 07 May	13:30 – 14:30	Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 08 May	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 08 May	13:00 – 15:00	Blind Aid IT Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 08 May	13:30 – 15:00	Special Event: VE Day Street Party	Gwynneth Morgan Day Centre
Fri 09 May	11:30 – 13:30	Foodie Fridays - Ministry of Food Special Lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre

Mon 12 May	10:30 – 12:00	Digital Inclusion Programme	Northcote Road Library
Mon 12 May	11:00 – 13:00	Ready, Sit, Go! Seated Exercise Class [PLEASE BOOK]	Gwynneth Morgan Day Centre
Tue 13 May	10:30 – 12:00	Digital Inclusion Programme	Tooting Library
Tue 13 May	11:00 – 13:00	Groovy Moves Dance Group [PLEASE BOOK]	Gwynneth Morgan Day Centre
Tue 13 May	13:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 14 May	10:30 – 12:00	Coffee Morning	Gwynneth Morgan Day Centre
Wed 14 May	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 14 May	13:30 – 15:00	Digital Inclusion Programme	Balham Library
Wed 14 May	13:30 – 15:00	Asian Women's Exercise Group [ASIAN WOMEN ONLY]	Gwynneth Morgan Day Centre
Wed 14 May	13:30 – 15:00	Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 15 May	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 15 May	11:00 – 13:00	Irie Rhythms: Caribbean Dance Group	Gwynneth Morgan Day Centre
Thu 15 May	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 15 May	13:00 – 15:00	Blind Aid IT Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 15 May	13:30 – 15:00	Active Afternoons – physical indoor games	Gwynneth Morgan Day Centre
Fri 16 May	11:30 – 13:30	Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre

Mon 19 May	11:00 – 13:00	Music, Melody & Memories [FULLY BOOKED]	Gwynneth Morgan Day Centre
Tue 20 May	10:30 – 12:00	Digital Inclusion Programme	Battersea Park Library
Tue 20 May	11:00 – 13:00	Groovy Moves Dance Group [PLEASE BOOK]	Gwynneth Morgan Day Centre
Tue 20 May	13:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 21 May	10:30 – 12:00	Coffee Morning	Gwynneth Morgan Day Centre
Wed 21 May	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 21 May	13:30 – 15:00	Digital Inclusion Programme	Putney Library
Wed 21 May	13:30 – 15:00	Asian Women's Exercise Group [ASIAN WOMEN ONLY]	Gwynneth Morgan Day Centre
Wed 21 May	13:30 – 14:30	Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 22 May	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre

Thu 22 May	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 22 May	13:00 – 15:00	Blind Aid IT Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 22 May	13:30 – 15:00	Active Afternoons – quiz	Gwynneth Morgan Day Centre
Fri 23 May	11:30 – 13:30	Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre
Mon 26 May	Spring Bank Holiday		
Tue 27 May	11:00 – 12:30	LGBTQ+ Coffee Morning [PLEASE BOOK]	Avery Care Home
Tue 27 May	11:00 – 13:00	Groovy Moves Dance Group [PLEASE BOOK]	Gwynneth Morgan Day Centre
Tue 27 May	13:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 28 May	10:30 – 12:00	Coffee Morning	Gwynneth Morgan Day Centre
Wed 28 May	10:30 – 15:00	Roehampton Community Shed	5 Portswood Place, Roehampton
Wed 28 May	10:30 – 12:00	Digital Inclusion Programme	Southfields Library
Wed 28 May	13:30 – 15:00	Asian Women's Exercise Group [ASIAN WOMEN ONLY]	Gwynneth Morgan Day Centre
Wed 28 May	13:30 – 15:00	Brighter Together [FULLY BOOKED]	Gwynneth Morgan Day Centre
Wed 28 May	13:30 – 15:00	Digital Inclusion Programme	Roehampton Library
Thu 29 May	10:30 – 12:00	Digital Inclusion Programme	Gwynneth Morgan Day Centre
Thu 29 May	11:00 – 13:00	Irie Rhythms: Caribbean Dance Group	Gwynneth Morgan Day Centre
Thu 29 May	11:30 – 14:30	BlindAid Cookery Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 29 May	13:00 – 15:00	Blind Aid IT Group [FULLY BOOKED]	Gwynneth Morgan Day Centre
Thu 29 May	13:30 – 15:00	Active Afternoons – Seated Yoga	Gwynneth Morgan Day Centre
Fri 30 May	11:30 – 13:30	Foodie Fridays – arts & crafts with lunch [PLEASE BOOK]	Gwynneth Morgan Day Centre

Please book in advance to attend the following sessions:

- **Ready, Sit, Go! seated exercise** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
- **Groovy Moves Dance Group** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
- **LGBTQ+ Coffee Mornings** please call Avery Care Home Wandsworth on 020 3751 1764
- **Foodie Fridays** please email us at outreach@ageukwandsworth.org.uk or call us on 020 8877 8947
- For all **general enquiries** please call 020 8877 8947 or visit our website www.ageuk.org.uk/wandsworth