

LESSON TWO: Intergenerational Relationship Building – Photo challenge**Background**

After almost a year of disruption, long periods of shielding and cancellation of services and activities, older people in our communities have never before experienced such isolation. We want to work to change this and are promoting the message that 'No-one should have no-one'. Our activities will look at bridging the gap between the older and the younger generations, the sharing of skills and knowledge and the benefits of interaction and connection.

For more information about this project and the research results around intergenerational relationships, visit: www.ageuk.org.uk/westcumbria/get-involved/resources-for-schoolgroups/

Routes of Wellbeing

CONNECT: Taking the time to talk to people. Sharing a conversation. Listening to others.

TAKE NOTICE: Being aware of your environment and the people around you. Taking a new route to somewhere, taking notice of how people are acting and behaving, clearing the clutter from your home or work space.

GIVE: Being kind to others, getting involved in your local community, sharing and connecting with others.

Objectives

- To get the children to think about how life has changed over the years.
- To talk about and discuss what life was like when an older person in their life was younger.
- To recognise that life today is very different to what it was like a few years ago.
- To think about how life might change in the future.
- To get different generations to have a conversation and share knowledge and stories.

LESSON TWO: Photos of the past and present**Introduction**

They say that a picture is worth a thousand words. Photography enables us to capture a moment in time and store it for future reference. Increasingly, as digital cameras and mobile phones have become more popular, we no longer have old photo albums in our homes. Some children may never have seen one. Poring over an album of old pictures together can be an incredibly powerful bonding experience. Reminders of times gone by can provide a starting point for conversation and discussion, observations about fashion and décor can help us see how the world has changed and special people and moments can be celebrated, cherished and shared.

Tasks – KS1

- Sit down with an older relative or friend and look at some old photos. Find a photo from the past that features an older person / relative.
- What differences can you see between then and now? What are the people doing in the photo? Talk about these differences with an older friend or relative.

Tasks – KS2

- Sit down with an older relative or friend and look at some old photos. Find a photo from the past that features an older person / relative.
- What differences can you see between then and now? Talk about these differences with an older friend or relative.
- Write down the differences and discuss why you think things have changed. What differences do you think you might see between now and when you get older?

**We would love to see the work that you do, share at
hello@ageukwestcumbria.org.uk**