

#nooneshouldhavenoone #ageequality

LESSON THREE: Intergenerational Relationship Building – Interview Questions

Background

After almost a year of disruption, long periods of shielding and cancellation of services and activities, older people in our communities have never before experienced such isolation. We want to work to change this and are promoting the message that 'No-one should have no-one'. Our activities will look at bridging the gap between the older and the younger generations, the sharing of skills and knowledge and the benefits of interaction and connection.

For more information about this project and the research results around intergenerational relationships, visit: <u>www.ageuk.org.uk/westcumbria/get-involved/resources-for-schoolsgroups/</u>

Routes of Wellbeing

CONNECT: Taking the time to talk to people. Sharing a conversation. Listening to others.

TAKE NOTICE: Being aware of your environment and the people around you. Taking a new route to somewhere, taking notice of how people are acting and behaving, clearing the clutter from your home or work space.

GIVE: Being kind to others, getting involved in your local community, sharing and connecting with others.

Objectives

- To get the children to think about how life has changed over the years.
- To talk about and discuss what life was like when an older person in their life was younger.
- To recognise that life today is very different to what it was like a few years ago.
- To think about how life might change in the future.
- To get different generations to have a conversation and share knowledge and stories.

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LESSON THREE: Interview questions

Introduction

Life is ever changing. Style, fashion, jobs, school, technology – all of these things change all the time. Can you imagine what life was like when your parents or your grandparents were younger? Many older people find it difficult to keep up to date with the changes that are happening today, as their world was very different.

Tasks – KS1

- Imagine you are sat with an older person, a grandparent or neighbour.. Think about what questions you would ask them about their past. (for example: *What was school like when they were younger? What has changed since they were your age?*)
- Have you got an older person who could answer them for you? Could you record the interview over video call to share with your class?

Tasks – KS2

- Imagine you are sat with an older person, a grandparent or neighbour.. Think about what questions you would ask them about their past and past life in general. (for example: *What was school like when they were younger? What has changed since they were your age?*)
- Write out a series of interview questions that you could ask or send to an older person.
- Have you got an older person who could answer them for you? Could you record the interview over video call to share with your class?
- What differences are there between then and now? Talk about these differences with an older friend or relative.

We would love to see the work that you do, share at hello@ageukwestcumbria.org.uk

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