

LESSON FIVE: Intergenerational Relationship Building – Teaching Technology

Background

After almost a year of disruption, long periods of shielding and cancellation of services and activities, older people in our communities have never before experienced such isolation. We want to work to change this and are promoting the message that 'No-one should have no-one'. Our activities will look at bridging the gap between the older and the younger generations, the sharing of skills and knowledge and the benefits of interaction and connection.

For more information about this project and the research results around intergenerational relationships, visit: www.ageuk.org.uk/westcumbria/get-involved/resources-for-schoolsgroups/

Routes of Wellbeing

CONNECT: Taking the time to talk to people. Sharing a conversation. Listening to others.

KEEP LEARNING: Expanding your mind and watching the world around you grow. Doing a puzzle, learning a new word, watching the news or reading a book.

GIVE: Being kind to others, getting involved in your local community, sharing and connecting with others.

Objectives

- To get children to think about how communication technology can help tackle loneliness in older people.
- To get children to think about the obstacles older people might face when it comes to technology – specifically communication technology.
- To create an informative piece that gives clear instructions via different media.

LESSON FIVE: Teaching Technology

Introduction

We have grown up with technology all around us - it has always been there. But for many older people, technology is still a relatively new thing. They may not have had to use a computer in their jobs and may not have ever owned a smartphone or tablet. People are often distrustful of things they do not fully understand. Technology can help us all to connect when we can't see each other face to face but both sides need to be able to use it safely and with confidence.

Tasks – KS1

- Choose a method of video communication that you know how to use – for example WhatsApp, Zoom, FaceTime.
- Create a poster or leaflet tutorial with instructions on how to use video chat apps.

Tasks – KS2

- Choose a method of video communication that you know how to use – for example WhatsApp, Zoom, FaceTime.
- Create a poster or leaflet with clear instructions on how to video chat.
- Can you make this into a video tutorial that can be shared with older people?

**We would love to see the work that you do, share at
hello@ageukwestcumbria.org.uk**