

Services and support for over 50s in your area

*Find out how we can help
YOU inside this leaflet*



Covering Swansea, Neath Port Talbot and Bridgend

FREE Dementia Advice and Support

Do you live with dementia, or
care for someone who does?

We can create a personalised support
plan to help you live well with dementia,
including:

- ✓ Available support and how to access it
- ✓ Services in your community
- ✓ Help at home
- ✓ Advice on benefits and entitlements
- ✓ Guidance on lasting power of attorney
- ✓ Advice and support for carers

We are here to help

Call: **01792 346377**

Email: **dementia@agecymrewestglamorgan.org.uk**

Funded by



Partneriaeth
Ranbarthol
Gorllewin
Morgannwg

West
Glamorgan
Regional
Partnership

Footcare Services

We can arrange appointments for fully trained Chiropodists, registered with the Health and Care Professions Council (HCPC), to visit and carry out all aspects of foot care and health:

This service is also available for individuals with diabetes, and those prescribed warfarin.

To find out more or to arrange an appointment, call us on **01792 648866**.

Find out prices



Lasting Power of Attorney

What would happen if you had an accident or an illness that meant you couldn't make your own decisions any longer?

With a Lasting Power of Attorney (LPA), you can appoint one or more people whom you trust to help you make decisions or to make decisions on your behalf, should the worst happen.

To make an appointment for a **FREE** LPA consultation, contact our team on **01792 648866** or email **enquiries@agecymruwestglamorgan.org.uk**.



Volunteer for us

Become a volunteer for Age Cymru West Glamorgan and help us answer every call.

We have multiple vacancies to join our friendly and passionate team of volunteers to help support everyone to age well and love later life.

All we need is a few hours of time each week to help make a difference.

If you're interested in joining our volunteer team, email volunteer@agecymruwestglamorgan.org.uk or call 01792 648866 to have a chat about the role.



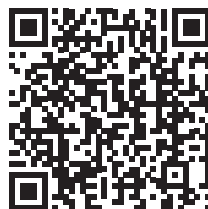
Free Wills

We've partnered with FreeWills.co.uk to provide you with FREE help in creating your will.

With FreeWills.co.uk award winning online service, you can make a free, legally-binding Will in just fifteen minutes. Each Will is checked by legal experts and your Will can be updated quickly and easily for free, forever.

There's no obligation to leave a gift to us, but we do hope you do so to enable us to continue our important work.

To find out more, call us on 0333 188 5688.



Information and Advice

We provide free Information and Advice on a range of issues relating to people over 50, and their carers, in Swansea, Neath Port Talbot and Bridgend. We can advise you on your rights and entitlements, and local services and support available to you and those who care for you. In particular we offer support in:

- Health and wellbeing (advice on health services and ways to combat loneliness)
- Care and support (advice on adapting your home, getting help at home, etc)
- Social care (care homes, etc)
- Benefits and entitlements
- Information and advice for carers
- How to avoid scams
- Bereavement
- Local services

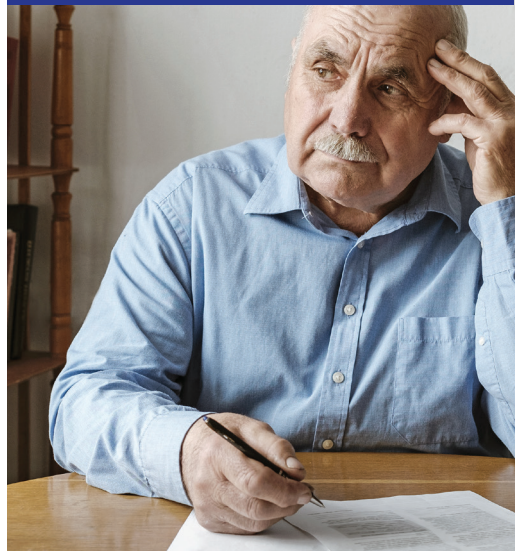
Don't Miss Out!

Contact our Information and Advice team TODAY on **01792 648866**.

FREE Benefit Entitlement Checks:

Are you eligible for Benefits? When was the last time you had a Benefit Entitlement Check? You may be eligible for benefits even if you own your own home, have savings or receive a private or works pension.

Last year, the people we helped with benefits advice and applications throughout Swansea, Neath, Port Talbot and Bridgend were awarded over £852,616 in benefits!



How You Can Support Us

Every £10 you give can help claim £93 in unclaimed benefits for our clients!

Make a Donation

We really need your support to continue providing vital services to older people in your area.

There are many ways that you can donate:



By standing order

Become a regular supporter by setting up a standing order. As little as £10 a month would be a fantastic gift that would help us help so many people.

If you wish to set up a standing order directly into the Age Cymru West Glamorgan's bank account, you can find our details below:

Bank: **Barclays PLC**

Account Name: **Age Cymru West Glamorgan Ltd**

Sort Code: **20-84-41**

Account number: **30452300**

By telephone

You can make a donation by card over the telephone by contacting our team on **01792 648866**.

You can also make a donation online or by cheque. Please visit **www.agecymruwestglamorgan.org.uk** for more information.

Leave a Legacy

From £5 to £5,000, every penny you gift to us helps us to ensure that no one feels vulnerable and alone. If you are interested in leaving a gift in your will and want more information, please feel free to contact us on **01792 648866**.

Every single gift is vital to Age Cymru West Glamorgan and we appreciate any and all support.

Thank you.

Who We Are

Age Cymru West Glamorgan is an independent charity promoting wellbeing and helping people to age well and love later life.

Together we can all make a difference.

Where you can find us

Age Cymru West Glamorgan
250 Carmarthen Road,
Swansea,
SA1 1HG

Call: **01792 648866**

Email: **enquiries@agecymruwestglamorgan.org.uk**