

## Kitchen Helper

### About Age Cymru West Glamorgan

We provide a range of services to our clients, families and carers across the Swansea, Neath Port Talbot and Bridgend area to support their independence and to sustain their health and wellbeing.

### Role Description:

We are looking for friendly and enthusiastic individuals to help us at our lunch club, where we serve hot nutritious meals to local older people. You will help create a welcoming and friendly environment, where people can meet, socialise and feel at home. You will be an important part of the daily service, helping to make sure that our clients are happy, well fed and have a lovely lunch.

<b>Hours:</b>	Min 2-3 hours a week
<b>Location:</b>	Afan Nedd Centre, Port Talbot
<b>Reporting to:</b>	Chef and Centre Coordinator

### What will I do?

- Help serve food
- Lay tables ready for service
- Clear, wash and dry dishes/kitchen equipment
- Clean and clear tables
- Make sure our clients feel at home at Centre
- Work as part of the lunch club team to deliver fantastic services to our clients

### What will I gain?

- Be part of a friendly team of staff and volunteers
- Be part of improving the lives of older people in our Communities
- Support from our dedicated team
- Learn or improve on your Catering & Customer Service skills

### What skills do I need?

- Empathy and understanding of the issues that affect older people
- Ability to communicate well with older people and the general public
- Be reliable and punctual
- Are friendly and enjoy working as part of a team

**To apply:** Email [volunteers@agecymruwestglamorgan.org.uk](mailto:volunteers@agecymruwestglamorgan.org.uk) or call 01792 648866 to have a chat about the role.

**Please note this is a voluntary position. Age Cymru West Glamorgan will reimburse volunteer for out of pocket travel costs including public transport costs.**