

Do you need help at home?

Our Home Support Service can offer you practical assistance in your home

- ✓ Competitively priced assistance at home
- ✓ Professionally trained staff
- ✓ Fully DBS checked
- ✓ Dementia friendly service
- ✓ Tailored in-home support for you and/or your carer
- ✓ Professional cleaning qualifications



**Please note, you will need to pay for this service and it does not include personal care.*

For more information, call us on **01792 589654**
By choosing this service, you are also supporting a local, independent charity.

Thank you!

Information and Advice

We provide free Information and Advice on a range of issues relating to people over 50, and their carers, in Swansea, Neath Port Talbot and Bridgend. We can advise you on your rights and entitlements, and local services and support available to you and those who care for you. In particular we offer support in:

- Health and Wellbeing (advice on health services and ways to combat loneliness)
- Care and Support (advice on adapting your home, getting help at home, etc)
- Social Care (Care Homes, etc)
- Benefits and entitlements
- Information and Advice on Financial Planning and Budgeting, Tax Advice and Legal Issues (e.g. wills and Lasting Powers of Attorney)
- Local Services

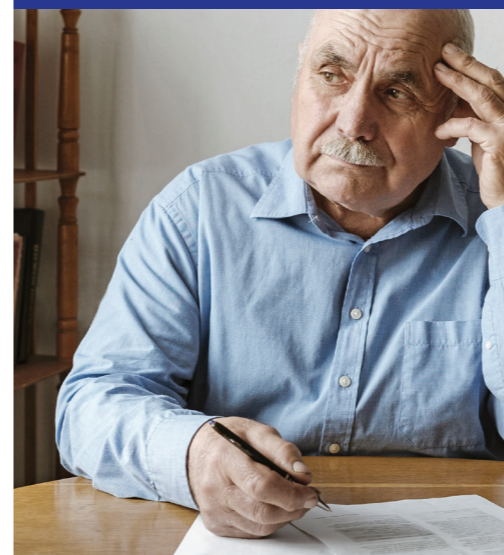
Don't Miss Out!

Contact our Information and Advice team TODAY on **01792 346344**.

FREE Benefit Entitlement Checks:

Are you eligible for Benefits? When was the last time you had a Benefit Entitlement Check? You may be eligible for benefits even if you own your own home, have savings or receive a private or works pension.

Last year, the people we helped with benefits advice and applications throughout Swansea, Neath, Port Talbot and Bridgend were awarded over £999,038.50 in benefits!



Services and support for over 50s in your area

Find out how we can help YOU inside this leaflet



FREE Dementia Advice and Support

Do you live with dementia, or
care for someone who does?

We can create a personalised support
plan to help you live well with dementia,
including:

- ✓ Available support and how to access it
- ✓ Services in your community
- ✓ Help at home
- ✓ Advice on benefits and entitlements
- ✓ Guidance on lasting power of attorney
- ✓ Advice and support for carers

We are here to help

Call **01792 346377**

Email dementia@agecymruwestglamorgan.org.uk

Footcare Services

We can arrange appointments
for fully trained Chiropodists,
registered with the Health
and Care Professions Council
(HCPC), to visit and carry out
all aspects of foot care and
health:

These at-home appointments
follow Covid guidelines,
costing £37.50 for one person
or £54.00 for two persons
residing in the same property.

*This service is also available for
individuals with diabetes, and
those prescribed warfarin.*

To find out more or to arrange
an appointment, call us on
01792 589654.



Lasting Power of Attorney

**What would happen if you had
an accident or an illness that
meant you couldn't make your
own decisions any longer?**

With a Lasting Power of Attorney
(LPA), you can appoint one or
more people whom you trust to
help you make decisions or to
make decisions on your behalf,
should the worst happen.

To make an appointment for a
FREE LPA consultation, contact our
Homecare Plus team on **01792
589654** or email [enquiries@
agecymruwestglamorgan.org.uk](mailto:enquiries@agecymruwestglamorgan.org.uk).

How You Can Support Us

Make a Donation

**We really need your support to
continue providing vital services
to older people in your area.**

There are many ways that you can
donate:

By standing order

Become a regular supporter by
setting up a standing order. As little
as £4 a month would be a fantastic
gift that would help us help so
many people.

If you wish to set up a standing
order directly into the Age Cymru
West Glamorgan's bank account,
you can find our details below:

Bank: **Barclays PLC**
Account Name: **Age Cymru West
Glamorgan Ltd**
Sort Code: **20-84-41**
Account number: **30452300**

By telephone

You can make a donation by card
over the telephone by contacting
our Finance Department on
01792 648866.

You can also make a donation
online or by cheque. Please visit
[www.agecymruwestglamorgan.
org.uk](http://www.agecymruwestglamorgan.org.uk) for more information.

*Every £1 you give us
can help claim £11.55 in
unclaimed benefits
for our clients!*

Leave a Legacy

From £5 to £5,000, every penny
you gift to us helps us to ensure
that no one feels vulnerable and
alone. If you are interested in
leaving a gift in your will and want
more information, please feel free
to contact us on **01792 648866**.

Every single gift is vital to Age
Cymru West Glamorgan and we
appreciate any and all support.

Thank you.

Who We Are

Age Cymru West Glamorgan is a
local charity promoting well-being,
helping people to age well and live
independently.

**Together we can all make a
difference.**

Where you can find us

Unit 10,
Cwmdu Industrial Estate,
Carmarthen Road,
Swansea, SA5 8JF

Call: **01792 648866**

Email: [enquiries@
agecymruwestglamorgan.org.uk](mailto:enquiries@agecymruwestglamorgan.org.uk)