

Adur Community Club Timetable

For more details, please call 07563 382953 or email adurcommunityclubs@ageukwestsussex.org.uk to book a place. **Please note we are now only able to accept payment by card at our community clubs.**

We look forward to welcoming you.

Monday	10.30 – 12.30	Monday Social Club* with CBE class	Marsh House, Park Lane, Southwick, BN42 4DL
1 st Monday of every month	10.30 - 12.30	Silver Bullet – Men's monthly meet up	The Royal George, Upper Shoreham Road, Shoreham By Sea, BN43 6TA
Tuesday	10.30 – 12.30	Coffee Morning*	Both at - Milward Court Wilmot Road, Shoreham, BN43 6BU
	12.30 - 13.30	Lunch Club*	
Wednesday	10.00 – 12.00	'Welcome Club' social group	Both at - The Shoreham Centre, Room 2, Pond Road, Shoreham, BN43 5WU
	13.00 – 15.00	Bingo Club	

*** Transport is available at these clubs, please call Dial-a-Ride direct on 01903 530053 to book, additional cost will apply.**