

UPCOMING EVENTS AT THE HAYWARDS HEATH CENTRE - APRIL 2026

<u>DATE</u>	<u>TIME</u>	<u>EVENT</u>	<u>COST</u>
Thursday 2 nd	10:30 – 13:30	<p>Easter Party: We'll be kicking off Easter with a fabulous party featuring a fun quiz, followed by a delicious two course lunch. With entertainment from Natalie, Sue and Dave, plus a raffle and the Easter Bonnet Parade - there are some great prizes to be won.</p> <p>We'll also have an Easter Table-Top Sale on the day with lovely handmade items to buy.</p>	£16.00
Friday 3 rd to Monday 6 th	CENTRE CLOSED	The centre will be closed for the easter break and back open Tuesday 7 th April	
Thursday 9 th	14:00 – 15:30	<p>Curling with Jackie & David: Come and try your hand at curling - a fun, social activity that's perfect for all abilities. No experience needed. It's a great way to stay active and meet others.</p>	£3.50
Friday 10 th		NO PILATES TODAY	
Monday 13 th	11:00 -11:30	<p><u>MID SUSSEX HEALTHY WALKS</u> Mid Sussex District Council, in partnership with Glendale, will be leading a Healthy Walk on Monday, 13th April, starting at 11:00 am. We'll be enjoying a lovely walk over Beechhurst.</p>	Free
Thursday 16 th	9:30 – 11:30	<p>Speakers Corner: Fraud and Scams Awareness Talk Claudia Wilson from West Sussex County Council will be joining us to give an informative talk on fraud and scams. Her session will help keep us aware of current scams and how to stay protected.</p>	£3.50
Thursday 23 rd	CLOSED	Due to our staff conference the centre will be closed.	
Thursday 30 th	14:00 – 16:00	<p>Memory Café: Is a warm and safe environment for adults living with dementia and their family or friend carers.</p>	Free

		Our cafés are a place to share experiences, connect with others and receive valuable support from peers, compassionate staff and dedicated volunteers. Together, we build a supportive community, enjoy engaging activities and welcome guest speakers and entertainers to enhance your experience.	
Friday 24 th	10:00 – 12:00	Digital Support: Sky will be running another Digital Support session in the café. Please bring your device (Mobile phones, Tablets etc.) with you to the session.	Free

TAI CHI IS CANCELLED ON THE FOLLOWING DATES

Tuesday 31st March

Thursday 2nd April

Tuesday 7th April

Thursday 9th April

For more information on any of the above events and to book please contact:
01444 450248 or midsussex@ageukwsbh.org.uk
Lamb House, 2 Kleinwort Close, Haywards Heath, West Sussex, RH16 4XG