

UPCOMING EVENTS AT THE HAYWARDS HEATH CENTRE OCTOBER 2026

<u>DATE</u>	<u>TIME</u>	<u>EVENT</u>	<u>COST</u>
Thursday 01 st October	14:00 – 15:30	Curling with Jackie & David: Come and try your hand at curling - a fun, social activity that's perfect for all abilities. No experience needed, just bring your enthusiasm and a sense of humour.	£3.50
Tuesday 06 th October	10:30 – 13:30	International Day of Older Persons Roast Lunch We're celebrating the contributions of seniors globally this Older Persons Day. Entertainment will be a sing-along with the amazing Elderly Brothers. And we'll be serving a: • 2-course roast lunch • Free cake • Raffle • Guess the person competition	£12.00
Thursday 08 th October	13:30 - 15:00	Musical Bingo: We're excited to welcome you to our next Musical Bingo afternoon. Filled with laughter, brilliant music, and prizes. This month's theme is all about the classic 70s hits , so get ready to sing along and enjoy some timeless hits. 🎵	£3.50
Monday 12 th October	10:30 – 12:00	Christmas Card Making Join us for a fun and relaxing card making session - perfect for all skill levels.	£5.50

		All materials are provided, and you'll get to take home your beautiful handmade creations.	
Tuesday 13 th October AND Thursday 15 th October	13:30 – 15:00	Skittles in the Café Come along and enjoy an exciting afternoon of Skittles with friends. We have space for up to 12 players so book your place early.	£3.50
Tuesday 20 th October	14:00 – 15:30	Curling Come and try your hand at curling - a fun, social activity that's perfect for all abilities! No experience needed, just bring your enthusiasm and a sense of humour.	£3.50
Thursday 22 nd October	14:00 – 16:00	Memory Café: Is a warm and safe environment for adults living with dementia and their family or friend carers. Our cafés are a place to share experiences, connect with others and receive valuable support from peers, compassionate staff and dedicated volunteers. Together, we build a supportive community, enjoy engaging activities, and welcome guest speakers and entertainers to enhance your experience.	Free

Friday 23 rd October	10:00 – 12:00	Pop up Shop – JJ Fashions: The ever-popular JJ Fashions are back at Lamb House for a special pop-up shop showcasing their autumn/winter range of clothing. Browse the latest seasonal styles and treat yourself to something new – items will be available to purchase on the day.	
Friday 23 rd October	10.00 – 12.00	Digital Support: Sky will be running another Digital Support session in the café. Please bring your device (Mobile phones, Tablets etc.) with you to the session.	Free
Tuesday 27 th October	13:30 - 15:00	Musical Bingo: We're excited to welcome you to our next Musical Bingo afternoon. Filled with laughter, brilliant music, and prizes. This month's theme is all about the classic 80s hits , so get ready to sing along and enjoy some timeless hits. 🎵	£3.50

Friday 30 th October	10:30 – 13:30	Halloween Party: Get ready for a spooktacular time as we celebrate Halloween in style. We'll kick things off with a fancy-dress competition and a spooky quiz to test your ghostly knowledge. After the games, tuck into a delicious themed lunch, then enjoy live entertainment from Tania Rodd keep the party going. 🎭 Costumes encouraged— the best spooky outfit will win a prize. Plus, don't miss out on our raffle for a chance to win some fang-tastic goodies!	£17.00
For more information on any of the above events and to book please contact: 01444 450248 or midsussex@ageukwsbh.org.uk Lamb House, 2 Kleinwort Close, Haywards Heath, West Sussex, RH16 4XG			