

UPCOMING EVENTS AT THE HAYWARDS HEATH CENTRE - MARCH 2026

| <u>DATE</u> | <u>TIME</u> | <u>EVENT</u> | <u>COST</u> |
|---------------------------|---------------|--|-------------|
| Thursday 5 th | 14.00 – 15.30 | Curling with Jackie & David: Come and try your hand at curling—a fun, social activity that's perfect for all abilities. No experience needed. It's a great way to stay active and meet others. | £3.50 |
| Monday 9 th | 10.30 – 12.00 | Card Making: There will be a variety of options to choose from including Birthday cards, Easter cards and more. | £5.00 |
| Tuesday 10 th | 9.30 – 11.30 | South Downs Ear Care We're pleased to share that Louisa will be joining us in the café to offer free ear health checks. Drop by for friendly advice. | Free |
| Thursday 19 th | 13.30 – 14.30 | Speakers Corner: Laurence Leng, will be sharing a fascinating talk on Galton and Simpson: <i>"A Pint – That's Very Nearly an Armful!"</i> Discover the story behind how Hancock's Half-Hour and Steptoe and Son came into existence. Join us to enjoy some classic scenes from these iconic shows and hear how the duo first met in a TB clinic, bonding over a shared love of comedy that would go on to shape British television history. | £3.50 |
| Friday 20 th | 10.00 – 12.00 | JJ Fashions JJ Fashions will be joining us in the café showcasing their latest spring and summer range. Come along to browse their new seasonal styles. Items available to purchase on the day. | |
| Monday 23 rd | 10.30 – 13.00 | Sing Along with the Elderly Brothers Join us for a fun-filled morning of music as The Elderly Brothers perform live, followed by a two-course roast dinner. | £11.00 |

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| Thursday 26 th | 14:00 – 16:00 | <p>Memory Café: a warm and safe environment for adults living with dementia and their family or friend carers.</p> <p>Our cafés are a place to share experiences, connect with others and receive valuable support from peers, compassionate staff and dedicated volunteers. Together, we build a supportive community, enjoy engaging activities, and welcome guest speakers and entertainers to enhance your experience.</p> | Free |
| Friday 27 th | 10.00 – 12.00 | <p>Digital Support: Sky will be running another Digital Support session in the café. Please bring your device (Mobile phones, Tablets etc.) with you to the session.</p> | Free |
| <p>For more information on any of the above events and to book please contact: 01444 450248 or midsussex@ageukwsbh.org.uk Lamb House, 2 Kleinwort Close, Haywards Heath, West Sussex, RH16 4XG</p> | | | |