

## UPCOMING EVENTS AT LAMB HOUSE

### April 2024

**Tuesday 9<sup>th</sup> 1.30pm - 3.00pm** - Curling Afternoon, £4.50. Includes tea/coffee.

**Thursday 11<sup>th</sup> 1.30pm - 3.00pm** - Speakers Corner - Carly Beck our very own Reiki/Massage Therapist will be in the café to talk and give demonstrations on Massage, Reiki Healing and Reflexology.

**Friday 12<sup>th</sup> 10.00am - 12.00pm** - JJ Fashions will be with us in the café. They will have their Spring 2024 collection for you to view and buy. Cash, cheques, and cards accepted.

**Tuesday 16<sup>th</sup> 1.30pm - 3.00pm** - 60's Musical Bingo Afternoon. £4.00 includes tea/coffee.

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We are celebrating **Global Intergenerational Week** together, a week to celebrate the power of connection. Relationships between older and younger people are not just 'nice' but essential, and to encourage these relationships we have a few local schools and colleges visiting to help out and get involved with some activities. These include:

**Monday 23<sup>rd</sup> April - Lindfield Primary School** will be with us to do some card making to celebrate St George's Day. **10.30am - 12.00 noon**

**Wednesday 24<sup>th</sup> - Ardingly College** will be with us to assist at the bingo fish and chips event **4.00pm - 6.00pm** in the café.

**Thursday 25<sup>th</sup> April - Ardingly College** will be in the café to assist us from **10.30am - 12.00 noon**

**Friday 26<sup>th</sup> April - Warden Park School** will be in the café from **10.30am - 12.00 noon** to join in with some card making.

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**Tuesday 23<sup>rd</sup> 1.30pm - 3.45pm** - Movie Afternoon, The King's Speech, The story of King George VI, his unexpected ascension to the throne of the British Empire in 1936, and the speech therapist who helped the unsure monarch overcome his stammer. £5.50 includes tea coffee and cake.

**Wednesday 24<sup>th</sup> 4.00pm - 6.00pm** - Bingo, Fish and Chips. £13.50 includes fish and chips, tea/coffee.

**Thursday 25<sup>th</sup> 1.30pm - 3.00pm** - Speakers Corner – West Sussex Fire and Rescue will be the cafe to give a presentation on Home Safety Advice

**Friday 26<sup>th</sup> 10.00 - 12.00 noon** - Digital Support session from Sky in the cafe. Bring along your devices – Phone/laptop/tablet

**Saturday 27<sup>th</sup> 11.00am - 2.00pm** - Saturday Social - £8.00 includes soup and a roll, tea/coffee and dessert.

Registered Company no. 41464817 and registered charity no. 1086323.

Registered Office: Suite 2, First Floor, Anchor Springs, Littlehampton, BN17 6BP

## UPCOMING EVENTS AT LAMB HOUSE

### May 2024

**Tuesday 7<sup>th</sup> 1.30pm - 3.00pm** - Curling Afternoon, £4.50. Includes tea/coffee.

**Thursday 9<sup>th</sup> 1.30pm - 3.00pm** - Speakers Corner - Lawrence from the Cats Protection will be here to give a talk exploring the work of Cats Protection, the UK's largest cat welfare charity.

In this session you'll learn about their humble beginnings in 1927 through to the present day. Discover how they help cats and their owners through rehoming, how they run the world's largest single-species neutering program and their range of other services from education in schools and colleges to grief support for pet owners. Of course, there's also plenty of stories about the wonderful cats they have helped along the way too!

**Tuesday 14<sup>th</sup> 10.30am - 1.30pm** - Spring Party - Quiz followed by a 2-course lunch and entertainment with Cylvian - £15.50

**Tuesday 21<sup>st</sup> 1.30pm - 3.00pm** - Musical Bingo Afternoon. £4.00 includes tea/coffee.

**Wednesday 22<sup>nd</sup> 4.00pm - 6.00pm** - Bingo, Fish and Chips. £13.50 includes fish and chips, tea/coffee.

**Thursday 23<sup>rd</sup> 1.30pm - 3.00pm** - Speakers Corner - Daniel Sykes a cyber-crime expert will be here to give a talk on all things cyber-crime there will be a Q & A period for you to ask any questions.

**Saturday 25<sup>th</sup> 11.00am - 2.00pm** - Saturday Social - £8.00 includes soup and a roll, tea/coffee and dessert.

**Tuesday 28<sup>th</sup> 1.30pm - 3.45pm** - Movie Afternoon, Arthur- Alcoholic billionaire playboy Arthur Bach must marry a woman he does not love, or he will be cut off from his \$750,000,000 fortune. But when Arthur falls in love with a poor waitress, he must decide if he wants to choose love or money.  
£5.50 includes tea coffee and cake.

**Thursday 30<sup>th</sup> 1.30pm - 3.00pm** - Speakers Corner - WSCC Recycling Ambassador Colin McFarlin will be with us to share his knowledge with us on the tricky matter of recycling. We will be collecting all his invaluable tips and tricks.

**Friday 31<sup>st</sup> 10.00 - 12.00 noon** - Digital Support session from Sky in the cafe. Bring along your devices – Phone/laptop/tablet

For more information on any of the above events and to book please contact: **01444 450248** or [midsussex@ageukwsbh.org.uk](mailto:midsussex@ageukwsbh.org.uk)