

## Help at Home service

Do you need a little extra help around the home? We can provide you with a trusted home help to meet your needs



# Choose our Help at Home service and free up time to do the things you enjoy!

**We are a trusted charity with over 20 years of experience, offering a high-quality, domestic cleaning service to the over 50s. Our Help at Home service can support you with:**

- General household cleaning
- Hoovering
- Dusting
- Cleaning
- Floor washing
- Laundry and ironing
- Bed making and changing
- Curtain and net changing
- Basic food preparation
- Simple clothes mending
- Dog walking
- Helping you get out and about
- Shopping – We can buy your shopping on your behalf or accompanied
- Collecting your prescription



## ***What we will do***

**We will visit your home to discuss your requirements and then arrange for a home help to visit at an agreed time and day to suit you.**

We will then organise a courtesy phone call each month to ensure you are happy with the service and provide annual review visits.

Age UK West Sussex, Brighton & Hove provides a reliable, high-quality service that is tailored to your needs and convenient for you. We offer competitive prices and police checks on all our staff and Home Help, with unparalleled aftercare and customer service.



## ***Help at Home service***

# How much does our Help at Home service cost?

Costs depend on where you live. As a non-profit organisation our Help at Home service charges are based on the actual cost of providing the service.

## What do our customers say?

Help at Home service user Patti said: "I couldn't have been happier and feel very lucky with the help she is able to provide. I trust her and look forward to her coming on Fridays – and she loves my cat!..."

***"You have to live your life and I'm so glad for her help and companionship. She really is my guardian angel."***

## For more details or to book:



01903 726276



helpathome@ageukwsbh.org.uk



www.ageukwsbh.org.uk



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## ***Could you be a Home Help?***

### **AUKWSBH require Home Help staff for cleaning, household tasks and shopping.**

The service focusses on assisting older people to allow them to remain independent in their own homes. Work hours are flexible and according to your availability.

Hourly rates are £12.50 to £16.50 (dependent on area) on a self-employed basis. All applicants will be DBS checked through AUKWSBH. Training and ongoing support will be provided.

We welcome experience of working with older people and knowledge of the issues that they may experience. We don't mind whether it comes from your personal life or previous jobs – both can be equally valid.

#### **Our Home Help Marilyn says:**

**"For me, it's not 'whistle while you work', it's talk and listen while you work. I love hearing my customers' stories and getting to know them. Of course I feel like I'm really making a difference in all their lives! It's lovely to be appreciated as well. I like the fact that we are encouraged to keep an eye out for our customers and go that extra mile."**



### **For an application pack:**



**01903 726276**



**recruitment@ageukwsbh.org.uk**



**www.ageukwsbh.org.uk**