

## Daybreak Club Volunteer Role

### **What you will do?**

You will assist the Club Coordinator and Support Worker in the smooth running of the service.

This can involve but is not limited to, preparing refreshments for customers, supporting staff in the delivery of activities provided and supporting customers to have meaningful engagement.

You will assist in supporting people living with dementia and their carers. Training will be provided to help you within this role, however a having a caring, compassionate and patient disposition is essential.

Where lunch is served you may be required to assist staff in the serving of this as well as clearing tables, washing up and helping to keep the dining area clean.

Any other duties will be discussed and agreed between Volunteer and Co-ordinator / Manager.

### **When will you volunteer?**

Volunteers are encouraged to do the hours that suit them, the location and times of your support will be discussed and agreed on an individual basis during your application process.

We do ask that any planned dates you are unable to attend that you provide notice of this to the Club Coordinator.

### **What qualifications and experience is needed?**

There are no set qualifications or experience that is required but a compassionate and caring disposition is essential. Age UK West Sussex will support you to ensure you have the appropriate training to help you in your role.

### **How will we support you?**

You will be given both Age UK West Sussex volunteer induction and role training to carry out your role effectively and be able to enjoy doing so with confidence.

Regular support will also be provided through completion of 1:1 meetings with your Clubs Coordinator, training will also be provided to support you in your role.

### **What will you get out of volunteering for Age UK West Sussex?**

Meeting others, having fun and a sense of fulfillment plus if you are looking for a job, we can give you some experience whether you have worked in this setting before or not. We will train you so you will gain knowledge of working in a charity sector and that will help you in your search for a job.