

Volunteer role Description



.....Home Visiting.....Volunteer

Introduction

Age UK West Sussex, Brighton and Hove enable older people to Love Later Life. Our aims are to promote the wellbeing of all older people; to make later life a fulfilling and enjoyable experience and to enable people to flourish.

Responsible to: Help at Home Team

Based at: Clients homes

The service

Key responsibilities:

Provide social support to reduce social isolation and loneliness, home visits are weekly of 1 or 1.5 hours.

Support could be:

Tea & Chat

Play cards and board games

Go for a short walk

Visit a café or garden centre

Help to access local activities and clubs

Visit clients in residential homes

Sit with clients whilst their carer takes a short break

This list is not exhaustive, there may be other goals that the client has,

Role requirements:

A cheerful and friendly personality

Enjoy the company of older people

A mobile phone

Car drivers useful but not essential (mileage will be paid)

Ability to adhere to lone working procedure

Collect donations of £10 per hour from clients and pass to Age UK

Home Visitors cannot:

Assist with medications

Help with personal care needs

Become a friend, advisor, or counsellor

Have access to clients bank card and/or PIN number

Give clients or relatives their phone number or address

How will we support you

You will be provided with induction training and be shown how to work to guidelines to be sure you are confident and able to carry out your volunteer role. Induction training will cover an introduction to Age UK West Sussex Brighton & Hove and its' services, policies and procedures. All relevant training will be free to volunteers. You will receive on-going support and training to carry out your role effectively and be able to enjoy doing so with confidence.



What will you get out of volunteering for Age UK West Sussex, Brighton & Hove

Meeting others, having fun and a sense of fulfilment. If you are looking for a job we can give you some experience whether you have worked in this setting before or not. We will train you so you will gain knowledge of working in a charity sector and that will help you in your search for a job. We can also give you a written reference.

Volunteer Agreement

I have read and understood the above Role Description and would like to become a volunteer for this service.

Signature.....

Date.....