

Volunteer role Description,



Volunteer Café Helper at The Laburnum Centre

Introduction:

“Volunteering has given me a purpose again. I was a Brighton cabbie and I used to love meeting people and chatting about ‘this and that’. After retirement, I had all this extra time, but my days just blended into one. Since starting volunteering, I’m meeting people again and making new friends. I literally feel like I’ve got a reason to get up again in the morning. I’m so proud to be part of this team and helping in the community. It’s raised my self-worth. I’m laughing again and it has also improved my health”.

AUKWSBH enable older people to Love Later Life. Our aims are to promote the wellbeing of all older people; to make later life a fulfilling and enjoyable experience and to enable people to flourish.

The service:

The main job role will be to assist in the café, taking orders for food, making and serving drinks and keeping the area clean and tidy at all times. Ideally you will have cafe/barista experience but full training will be given. Other duties will consist of setting up the café area and clearing up at the end of the day.

Role requirements:

- Excellent communication skills
- Flexibility with a team approach
- To occasionally assist with washing up in the kitchen
- A genuine interest in people and empathy with older people
- Ideally, although not essential, previous experience of working with people in a supportive/caring capacity

- A basic understanding of, and a willingness to learn about, keeping yourself and others safe while performing the role.
- May at times be required to have some direct client contact, such as meet & greet

Responsible to: Senior Coordinator/Head Chef

Hours: We are looking for 3 volunteers on a Friday. Times to be arranged

Location: The Laburnum Centre, Bognor Regis, West Sussex

How will we support you:

You will be given both AgeUK West Sussex, Brighton & Hove volunteer induction and specific role training to carry out your role effectively and be able to enjoy doing so with confidence.

What will you get out of volunteering for Age UK West Sussex, Brighton & Hove

The opportunity to be involved with projects where your own ideas and input will be valued. The chance to make a contribution to Age UK West Sussex, Brighton & Hove's work.

- Access to organisational resources
- Free training and reasonable travel expenses paid
- Professional reference provided

The Organisation's expectations of the volunteer:

- To understand and promote the organisation's policies and abide by its guidelines
- To be responsible, reliable and safety conscious
- To work within the service parameters
- To be open and honest about any work issues or problems
- Have a genuine interest in the needs of older people
- To attend team meetings when needed
- To take initiative in encouraging suggestions, ideas and changes for the improvement of the service
- To keep informed of other functions and activities at Age UK West Sussex, Brighton & Hove
- To work professionally with fellow volunteers and members of staff in other organisations
- Participate in training, supervision and support sessions as required

Volunteer Agreement



I have read and understood the above Role Description and would like to become a volunteer for this service.

Signature.....

Date.....