

Volunteer role Description



Walking Football Co-ordinator

Introduction

Support our clients by being co-ordinator for walking football, you may also be a participant in the programme.

Responsible to: Development Manager & Fitness & Wellbeing Manager

Hours: flexible – usually 2-3hrs once a week between 10am - 4pm

Location: Bognor Regis, Southwick, Shoreham, Fishersgate and Burgess Hill

The service

- Co-ordinate walking football at allocated centre, complete online Football Association Register.
- Participate in weekly walking football sessions.
- Collect money from participants.
- Organise kit and equipment for weekly Walking Football sessions.
- Liaise directly with Development Manager & Centre Co-ordinator to promote sessions.
- Raise any wellbeing concerns or other issues firstly with their manager.
- Use simple apps or other IT to keep in contact with the organisation
- Assist with the development and improvement of the delivery network for the organisation.
- From time to time support fundraising efforts.

Role requirements

- Excellent communication skills and the ability to relate to people from a variety of different backgrounds
- Flexibility with a team approach
- Preferably the ability to drive.
- A genuine interest in people and empathy with older people
- Ideally, although not essential, previous experience of working with people in a supportive/caring capacity
- A basic understanding of, and a willingness to learn about, keeping yourself and others safe while performing the role.
- DBS check will be needed

How will we support you?

You will be given both AgeUK West Sussex, Brighton & Hove volunteer induction and role training to carry out your role effectively and be able to enjoy doing so with confidence.

What will you get out of volunteering for Age UK West Sussex, Brighton & Hove?

- The opportunity to be involved with projects where your own ideas and input will be valued.
- The chance to make a contribution to Age UK West Sussex, Brighton & Hove's work.
- Access to organisational resources
- Free training
- Travel expenses
- Professional reference provided

The organisation's expectations of the volunteer

- To understand and promote the organisation's policies and abide by its guidelines
- To be responsible, reliable and safety conscious
- To work within the service parameters
- To be open and honest about any work issues or problems
- Have a genuine interest in the needs of older people
- To attend team meetings when needed
- To take initiative in encouraging suggestions, ideas and changes for the improvement of the service
- To keep informed of other functions and activities at Age UK West Sussex, Brighton & Hove

- To work professionally with fellow volunteers and members of staff in other organisations
- Participate in training, supervision and support sessions as required

Volunteer Agreement

I have read and understood the above Role Description & checked my insurance details and would like to become a volunteer for this service.

Signature.....

Date.....