**Expression of Interest in Volunteering for Age UK West Sussex**

If you would like to help us support older people in West Sussex please answer the questions below and return completed form to an Age UK West Sussex site via email or paper to:

Age UK West Sussex,

Suite Two, First Floor

Anchor Springs

Littlehampton

West Sussex

BN17 6BP

[recruitment@ageukwestsussex.org.uk](mailto:recruitment@ageukwestsussex.org.uk)

First and last Name…………………………………………………………………………………..

Address……………………………………….………………………………………………………..

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Telephone………………………………………………………………………………………………

Email address………………………………………………………………………………………….

Two references will be required, and a Criminal Record Check at basic/enhanced level will be undertaken if you do not have a current certificate.

Please tick the box to confirm which area you would like to volunteer in.

 Arun (Littlehampton, Bognor Regis)

 Adur (Shoreham, Lancing, Southwick, Sompting)

 Crawley and surrounding area

 Horsham (Community Link Workers only)

 Chichester District

 Mid Sussex (Haywards Heath, Burgess Hill, East Grinstead)

 Worthing and surrounding area

Please tick the box as to what Volunteering Opportunity you would be interested in:

 Home from hospital, home visiting

 Community Link

 Admin/Reception

 Lunch club and kitchen help

 Fundraising

 Information & Advice

 Class/Activity Leader

 Mini bus escort

Please could you let us know where you heard about the volunteering roles?

 Age UK Website

 Indeed

 Do IT.Org

 Fundraising Event

 Library

 Other (Please State where)

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Why would you like to volunteer and what experience could you bring? Please add a short note to this form

Approximately how much time per week/month are you able to give

Age UK West Sussex ………………………………

**(Please note, the majority of our volunteering opportunities are undertaken during the hours of 9am - 4pm Monday to Friday. This is so we can provide help should a problem occur.)**

For more information before making a decision please contact us and some one with knowledge of the area you are interested in will contact you.