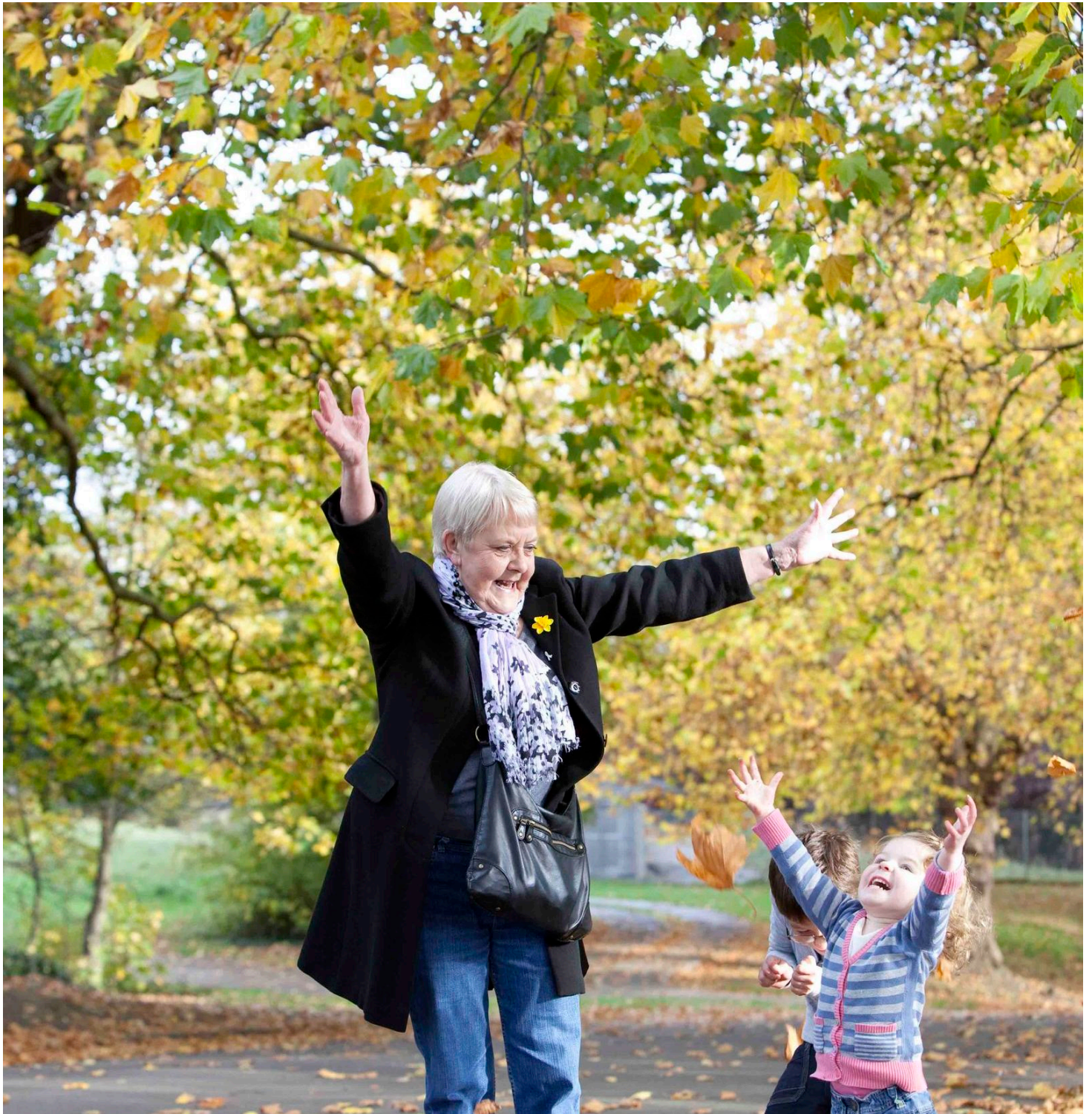


# About Us







Age UK Westminster exists to promote the well-being of older people in the City of Westminster and to help make their lives a fulfilling and enjoyable experience. We focus on services that reduce financial hardship, disadvantage and social isolation for older people in our local community.

We are particularly keen to provide opportunities for older residents to get involved in Age UK Westminster's volunteer programme, and provide input in the development of future services.

Our key services are run by dedicated staff and volunteers, and are reliant on the good will and support of the local community.

## **Information & Advice Team**

Age UK Westminster is a delivery partner for the "Westminster Advice Services Partnership", focused on the delivery of I&A services for older people in Westminster. We provide "drop-in surgeries" and appointments at community locations across the borough; outreach into the community, home visits for those who are housebound, and an enquires line for information and signposting.

## **Befriending & Telephone Befriending**

This project provides weekly visits by a volunteer to older people to reduce their social isolation, particularly when they are housebound. A telephone call is available for those who don't want a volunteer visit.

## **Visual Impairment Project**

This project offers advocacy support and a befriending service for older residents living with a visual impairment.



## **General & Older Volunteering**

This project provides a wide range of volunteer opportunities suitable for all ages, needs and abilities with no upper age limit to who can apply.

## **Digital Inclusion**

This project helps older local residents make the most of the internet and their electronic devices in later life and help towards preventing loneliness and isolation.

## **Christmas Day Lunch & Visit**

Each year we team up with a local school and volunteers to deliver a Christmas Day lunch and gifts to older people living alone in Westminster, to provide companionship on what can be the loneliest day of the year.

For more information about any of our services contact:

**020 3004 5610**

### **Age UK Westminster**

The Beethoven Centre

Third Avenue

London W10 4JL

t: 020 3004 5610 (10am - 2pm, Monday - Friday)

e: [enquiries@ageukwestminster.org.uk](mailto:enquiries@ageukwestminster.org.uk)

[www.ageukwestminster.org.uk](http://www.ageukwestminster.org.uk)