



Age UK Westminster Newsletter & Activities Timetable



We are continually finding new activities to hold which will be of interest to our members. Our activities provide social interaction and help to break the monotony of the present day and help those who may feel isolated to find new friendships which they may never have found.

A ZOOM link is provided for those attending external online activities and this will take you to the activity, shortly before it commences.

If you are not already registered to receive the Age UK Westminster weekly email Newsletter please contact Enquiries: Tel: 020 3004 5610 Email: enquiries@ageukwestminster.org.uk

As there are continued cases of Covid-19 and the Winter months will increase risks of flu infection please do not attend our activities if you show symptoms of Covid-19 or Influenza. If you are showing signs of either, you should self-isolate in order to reduce the chances of infecting others.

To register for any of the activities please contact: Stephen Spavin.

Tel: 07969 302517

Email: stephen.spavin@ageukwestminster.org.uk

Activities Timetable – Monday 1st September - Friday 12th September	
Monday	11.00am-12.30pm
1st September	Coffee Morning at Hotel 63
Tuesday	1.00pm-3.30pm
2nd September	Fit4Life Fitness Level & Chair Yoga at the Beethoven Centre
Tuesday	2.30pm-4.00pm
2nd September	MCST at St Marylebone Parish Church
Wednesday	10.30am-12.30pm
3rd September	Fit4Life at Pimlico – Lillington and Longmoore Estate
Wednesday	1.30pm-3.30pm
3rd September	CREATE Art Workshop at St Marylebone Parish Church
Wednesday	2.00pm-4.00pm
3rd September	Bridge Club at Mayfair Library
Friday	3.00pm-4.00pm
5th September	Fit4Life Exercise at WECH
Tuesday	1.00pm-3.30pm
9th September	Fit4Life Fitness Level & Chair Yoga at the Beethoven Centre
Tuesday	2.30pm-4.00pm
9th September	MCST at St Marylebone Parish Church
Wednesday	10.30am-12.30pm
10th September	Fit4Life at Pimlico – Lillington and Longmoore Estate
Wednesday	1.30pm-3.30pm
10th September	CREATE Art Workshop at St Marylebone Parish Church
Wednesday	2.00pm-4.00pm
10th September	Bridge Club at Mayfair Library
Thursday	11.00am-12.30pm
11th September	Coffee Morning at Regent Hall
Thursday	1.00pm-2.00pm
11th September	Group tour of 'Two Temple Place'
Friday	3.00pm-4.00pm
12th September	Fit4Life Exercise at WECH

If you do register for an activity and unfortunately cannot attend, please do let us know so that your place can be reallocated.

Forthcoming Activities

Every Tuesday 1.00pm-2.00pm & 2.30pm-3.30pm - Age UK Westminster's weekly Fit4Life exercise programme at the Beethoven Centre, Third Avenue, London W10 4JL

With our Qualified Senior Years Fitness Class Instructors.

Fit4Life Fitness Level - 1.00pm-2.00pm - An exercise class provided by our qualified instructor 'Daniela' that caters for those who are more mobile. Providing exercise to increase fitness, to work muscles and encourage movement. There will be a fee of £3.00 to attend this class.

Relaxing Chair Yoga – 2.30pm-3.30pm – Chair Yoga provided by our qualified instructor 'Jennie'. FREE to attend.

Refreshments will be provided 2.00pm-2.30pm.

<u>Every Wednesday 10.30am-11.30am – Fit4Life exercise classes in Pimlico North - Residents Community Hall at the Lillington and Longmoore Estate, SW1V 2ED</u>

Join our extremely successful Fit4Life exercise class with 'David' our qualified instructor. There is a £3.00 fee to attend this class.

Refreshments provided from 11.30am-12.30pm.

We will return on Wednesday 3rd September.

<u>Fortnightly Coffee Morning Forum 11.00am-12.30pm - Regent Hall, Welcome Hub, 275 Oxford Street, W1C 2DJ, near Oxford Circus Tube Station.</u>

Thursday 11th September - Guest Speaker Natasha Davies – the Tenant's Charter Thursday 25th September - Guest Speaker to be arranged

<u>Fortnightly Coffee Morning 11.00am-1.00pm at Hotel 63, 63 Bayswater Road,</u> London, W2 3PH

Monday 1st September - Guest Speaker to be arranged.

Monday 15th September - Guest Speaker Chris Barlow presenting Arts of London: "Victoria & Empire"

Monday 29th September - Guest Speaker to be arranged

Every Wednesday 2.00pm-4.00pm Bridge Club at Mayfair Library, 25 South Audley Street, W1K 2PB

We are returning after the seasonal break in July.

If you are an experienced Bridge player and would like to join the group or have friends who would like to attend, please do join us. There is now an agreed attendance fee of £3.00 per session.

Every Friday 3.00pm-4.00pm at Walterton and Elgin Community Homes, The WECH Community Centre, Selbourne House, 36a Elgin Avenue, W9 3AZ.

Free Over 50's Exercise Class with 'David' our qualified instructor for residents of Harrow Road Ward.

All welcome, drop in and give it a try or register.

Please wear trainers or plimsols.

Monthly Tea and Chat afternoon, 2.00pm-4.00pm at St Marylebone Parish Church, 17 Marylebone Road, NW1 5LT.

Thursday 18th September – PC Stevie Dawson from the Met Police will be providing a talk on Scams and Fraud.

<u>From Wednesday 3rd September 1.30pm-3.30pm for 6 sessions, 'CREATE'</u> <u>Drawing Art workshop with Poppy St Marylebone Parish Church, 17 Marylebone</u> Road, NW1 5LT

Another chance to attend a Drawing workshop with CREATE. Those registering must be available to attend all 6 classes. 3rd, 10th and 17th September 1st, 8th and 15th October

<u>Thursday 11th September 1.00pm-2.00pm Building Tour of 2 Temple Place, WC2R 3BD</u>

Two Temple Place is a dazzling neo-Tudor gem with an array of whimsical and Gothic elements on Victoria Embankment, commissioned by and built for William Waldorf Astor in the 1890s. Two Temple Place is owned by the registered charity The Bulldog Trust. Two Temple Place, sitting on the Victoria embankment and commissioned by and built for William Waldorf Astor in the 1890s was both an ornate historical and literary fantasy and a working office. It retains that unusual public-private mode to this day. It is the home of the Bulldog Trust, a social impact charity using Two Temple Place for a key tool in its cultural, community and educational work, making it available for public and private use as a core element of what we do. We take the guardianship of this remarkable building very seriously, with conservation projects in constant development. On this page, we summarise the Astors' back story of how they came by their remarkable fortune, the biography of William Waldorf Astor and how that helped create the building, Two Temple Place's rise from the ashes of WWII bombing and its modern history culminating in its current vital charity role.

Monday 22nd September 2.00pm-4.00pm - Guided tour of the Royal Mews, Buckingham Palace - Fully Booked

Another chance to enjoy a special afternoon tour of the Royal Mews Buckingham Palace.

<u>Thursday 25th September 1.00pm-2.30pm Social Group coffee afternoon - Hope in the Community held monthly at the Gordon Hospital, Bloomburg Street, London, SW1V 2RH</u>

Fraud & Scams event.

Scammers are finding new tricks every day, by phone, text, emails. Understand how fraudsters contact us and how to protect our information and money by join us for a simple, friendly session where we explain how to spot those scams. No special technical skills needed.

Everyone is welcome!

Nearest tube stations: Pimlico and Victoria

Buses: 185, 2, 36

Please contact Stephen Spavin to register and to find out future dates: Email :stephen.spavin@ageukwestminster.org.uk Tel: 07969 302517

<u>Thursday 2nd October 3.00pm-5.00pm - Silver Sunday Celebrations at the</u> Beethoven Centre, Third Avenue, London W10 4JL

Come and celebrate Silver Sunday with Music and Dance and Afternoon Tea supported by 'British Land' and 'Marble Arch BID'.

Information and Advice Surgeries

If you need Information and Advice, please contact our enquiry line on: 020 3004 5610 to book an appointment. We hold Information and Advice surgeries at the Salvation Army Regent Hall, Church Street Library and The Abbey Centre. These are by appointment only. Call: 020 3004 5610 to book an appointment.

Post-discharge Support

Age UK Westminster offers a post-discharge support service for Westminster residents aged 55+. If you, or someone you know has recently been discharged from hospital, we can help support the transition back into home life. This includes services like: light shopping, assistance with prescriptions, helping with GP contact, and a regular friendly face visiting you at home. The service is free, and we can signpost you to other Age UK Westminster services as well as useful organisations in the borough.

If you would like to find out more about our post-discharge support, please contact: Email: enquiries@ageukwestminster.org.uk Tel:02030045610

<u>Information & Advice with Age UK Westminster at Pimlico Health at the Marvern Who these sessions are for:</u>

Pimlico Health @ The Marvern patients aged 50+ by appointment only - weekly on Thursday afternoons.

Booking your appointment:

In person - with the Pimlico Health at The Marvern reception team Tel - 0207 834 6969, Monday to Friday, 10.00am – 6.30pm

What Age UK Westminster can support with:

Benefits - including Benefit checks, Pensions, Pension Credit, Disability Living Allowance & Attendance Allowance applications

Cost of Living concerns - including energy bills and budgeting and food bank referrals and food pantry information, charitable grants to replace broken white goods

Transport support - including guidance on Freedom Pass, Taxi Card, Dial a Ride and Blue Badge applications

Housing - including guidance on housing transfers, Council Tax and Housing Benefit Smart Meters – information on what they are and the benefits

Gambling Harm support on where to access support if you are experiencing gambling harm or are affected by someone's gambling

This list is not exhaustive! Do ask if you are not sure and if we are not able to help you with a problem, we will do our best to signpost you to other organisations.

Please note that the Age UK Westminster Advisor does not provide information or advice related to health and medical issues or medication.

Age UK Westminster - Complex Needs Advice, Advocacy & Support

We provide Information, Advice, Advocacy & Support to older people and their carers in Westminster on and around a range of complex issues they are facing in their lives. This includes but is not limited to welfare benefits, housing & social care, health care, bereavement, family life and loneliness.

Going through a significant life event can be daunting and lonely. Sometimes you may just need someone to talk it through with and sometimes you may need more support to actually get to the bottom of what is going on.

Help available can be by going through complex forms and paperwork. Help to fill them in and/or understand what is being asked.

If you are struggling financially, we can help to maximise benefits and source any grants and charitable payments that may be available to you.

We will aim to advocate on your behalf with organisations and professionals, with you as the decision-maker, and at all times we will be guided by your views and wishes in order to help you make the right choices. We can, if necessary and with your permission, make referrals to other services and organisations if they are better placed to meet your needs.

The aim of the service is to ensure you have maximum control over the decisions and choices you make about your life while having the support to navigate around life's complex issues.

For more information call: 0203 004 5610 or email: odette.messiah@ageukwestminster.org.uk

or visit: www.ageukwestminster

Age UK Westminster and Westminster Connects (WCC) are collaborating to provide basic gardening to residents of Westminster with help from volunteers.

This service provided by Westminster Connects (WCC) and their volunteers is for Westminster residents only and those residents who have mobility issues, are vulnerable and without the support of family/friends. You should have gardening tools available. If you have a garden and need basic assistance in its upkeep, please contact Stephen Spavin:

Tel: 07969 302517

Email: stephen.spavin@ageukwestminster.org.uk

<u>'A Treat for the Community' - Luncheon offer from Park Lane Hilton, 22 Park Lane, London W1K 1BE</u>

We're excited to offer 20% off, every Monday from midday to 3:30pm as part of our ongoing mission to support and celebrate people in our community! Step into a buzzing British brasserie that champions bold, local flavours and the very best of our national larder. T&Cs Apply

Enjoy 20% off at Park Corner Brasserie – Quote 'AGE UK to redeem.

Please follow the link below through which all the guests from Age UK Westminster can make their reservations.

https://www.sevenrooms.com/reservations/parkcornerbrasserie

Digital Learning

New library digital support drop-in dates plus learn how to use the NHS app! Come and join us at Age UK Westminster for our FREE digital learning sessions for age 50+ held in friendly, social group settings at libraries across Westminster.

We now have library drop-in dates booked through until October and are working with Healthcare Central London to provide support to learn to use the NHS app at our drop-in sessions Church Street and Pimlico libraries in August. Learn how to book GP appointments online, order repeat prescriptions, view your medical records safely and get health advice anytime. If you are attending one of these sessions, you should bring your smartphone or tablet and – if you don't have the app and want support to set it up – photo ID (e.g. passport or driving licence) and proof of address (e.g. utility bill). There is no need to book, and you can just turn up on the day, but if you can let us know if you are planning to attend it will help us to know how many to expect. Call or message our Digital Inclusion Coordinator Sarah on 07399 301938 or email sarah.robinson@ageukwestminster.org.uk.

Our usual upcoming library drop-in dates are as follows. Please note that the session at Paddington Library now usually takes place on the third WEDNESDAY of the month. Bring along your own digital device if you have one (such as a mobile phone, tablet, iPad or laptop) and be supported by our dedicated volunteers to learn to use it and get online.

The sessions are run as drop-ins so there is no need to book, and you can just turn up on the day. However, if you have any questions, need to let us know something you need to be able to access a session, don't have your own digital device and would like to borrow one - or if you are interested in volunteering with us - get in touch with our Digital Inclusion Coordinator Sarah on 07399 301938 or at sarah.robinson@ageukwestminster.org.uk.

Marylebone Library (9-11 New Cavendish Street W1G 9UQ)

All sessions are held on Thursdays from 1:30 to 3:30pm. The next dates are 4th September and 2nd October.

Church Street Library (67 Church Street NW8 8EU)

All sessions are held on Wednesdays from 2.00pm to 4.00pm. The next dates are 10th September and 8th October.

Paddington Library (Porchester Hall, 45 Porchester Road W2 5DU) All sessions are NOW HELD ON WEDNESDAYS from 11.00am to 1.00pm. The next dates are 17th September and 15th October.

Pimlico Library (Lupus Street SW1V 3AT)

All sessions are held on Thursdays from 11.00am to 1.00pm. The next dates are 25th September and 23rd October.

Mayfair Library (25 South Audley Street W1K 2PB)

All sessions are held on Fridays from 2.00pm to 3:30pm. The next dates are 26th September and 24th October.

OTHER EXTERNAL ACTIVITIES WITHIN WESTMINSTER

Regent's Park Open Air Theatre

Brigadoon

Not seen in London for over 35 years, let the magical outdoor setting of Regent's Park Open Air Theatre transport you to the captivating Scottish Highlands for this major new production of Lerner & Loewe's musical classic, Brigadoon.

2nd August – 20th September 2025

Tickets from £15.00

Follow the link to find more information and booking

details: https://openairtheatre.com/production/brigadoon

<u>Every Thursday from 5.00pm 'Games Club' at Victoria Library, 160 Buckingham</u> Palace Road Victoria SW1W 9UD

In recent years, studies have shown that engaging in social activities such as playing board games and card games can positively impact cognitive function and potentially lower the risk of developing cognitive impairment.

We have array of card games, chess, checkers, mah-jong and many others.

No need to book and everyone welcome.

<u>Saturday 13th and Sunday 14th September 12.00pm-6.00pm - "Open House"</u> <u>Museum of Soho and The Curious Club, 75 Dean Street, W1D 3PU</u>

Chris Barlow will be presenting:

"Telling Stories & Changing Hearts and Minds"

Exhibition, Film Screenings and Performance

Supported by Westminster City Council and Community Team last year saw 800 people pass through the building!

We are working with the Museum of Soho and this forms part of Open House Neighbourhood project.

"Soho Creative Spark"

Wellbeing is a major part of the 2 day schedule of events in the Screening Room.

This is a free event.

FREE Lunchtime Concerts at Regent Hall Concert Hall, 275 Oxford Street, W1C 2DJ, near Oxford Circus Tube Station

September 5th

Kevin Tan piano (15- year-old child prodigy)

Beethoven, Ravel, Chopin & Liszt

September 12th

Milda Daunoraite piano, Poulenc, Ravel, Boulez & Messiaen

September 19th

Jiali Wang piano

Dutillieux, Brahms, De Falla & Chaminade **September 26th**Royal Academy of Music presents
Fika Duo
Piazzolla, Béla Bartók, Tōru Takemitsu

Health & Wellbeing Project - Harrow Road Elderly African and Caribbean - WECH (Walterton and Elgin Community Homes) - The WECH Community Centre Selbourne House, 36A Elgin Ave, W9 3AZ

Every Monday - Free to join Dementia-Friendly Activities:

Social and Creative Activities:

"A Little Bit of This and a Little Bit of That" Time: 11:00am - 12:30pm

Fitness Classes:

Chair-based, gentle exercise and stretches Time: 1:00pm - 2:00pm

To register your attendance please contact: 020 8968 6940 (Pepper Pot Centre)

reception@pepperpotcentre.org.uk

Free cultural events for Westminster residents aged 65 or above

Out and About offers free tickets to attend cultural events such as concerts, exhibitions, film and theatre shows, coordinated by Westminster City Council. Previous offers have included tickets to the Turner Prize Exhibition at Tate Britain, Young Classical Artists Trust concerts at Wigmore Hall and English National Opera dress rehearsals. You are only able to book onto these free events by becoming a member of the scheme by emailing outandabout@westminster.gov.uk with your name, age, postal address, telephone number and email address. We will then email you the full programme once available.

For more information please visit <u>Cultural events for older people | Westminster City Council</u>

Community Zooms from the Royal Collection Trust

Community Zoom talks run as part of our Inclusion Programme, which aims to make the Official Residences of The King and Royal Collection as accessible as possible to visitors with disabilities, and those who wouldn't normally visit. We work with Community partners who support under-represented, disadvantaged and disabled people. Our programme of Zoom talks is for people who cannot easily visit the Official Residences of The King.

Talks take place on the first Wednesday of the month, from 2.00pm. Join us to hear about the different works in the Royal Collection and the history of the Monarchy. Talks are free and informal, and you can participate camera on or off.

Wednesday 3rd September - Royal Writers: Letters and diaries in the Royal Collection Wednesday 1st October - The Gardens at the Palace of Holyrood house

Wednesday 5th November - The Royal Mews

Wednesday 3rd December - Royal Christmas Traditions

Join Zoom Meeting - camera on or off:

:https://us02web.zoom.us/j/4407... ID: 440 773 2986

Wednesday 24th September 3.00pm Friendship Matinee 'Symphonic Queen Relaxed Performance' at the Royal Albert Hall, Kensington Gore, South Kensington, London SW7 2AP

This relaxed performance by the Royal Philharmonic Orchestra is a tribute to Queen and is part of the Hall's Engagement programme, welcoming groups from charities and community organizations. Tickets for this event are £5.00 and include a relaxed attitude to noise and movement in the auditorium, with "chill-out" spaces available.

To book please visit the Hall's website via royalalberthall.com or phone the box office on 0207 589 8212

Contact by email: engagement@royalalberthall.com

Be Part Of An Iconic Westminster Tradition

This year, the Vitality Westminster Mile returns on Saturday 27th September 2025! Join one of London's most celebrated community events – a memorable mile through Westminster, filled with movement, fun, and local pride, right outside Buckingham Palace. Thanks to our partners at London Marathon Events, we're excited to bring back the Westminster Community Wave for the second year running. Even better, entry is completely FREE for Westminster residents! Every participant will receive a commemorative medal and a free picnic lunch bag to enjoy in Green Park during the Vitality Wellness Festival.

Don't wait — with only 500 free spots available, be sure to book yours quickly!

 Community Wave - 9.55 am: Open to all Westminster residents. You can run, jog or stroll with neighbours and friends. All participants get a FREE souvenir medal to remember the wonderful day. Places are limited, register soon to avoid disappointment!

To register please follow the link:

https://www.letsdothis.com/gb/checkout/ticket?eventId=234419&reservationCode=re_5 o05sz17a4kr&utm_organiser_id=29443&utm_source=reserved_entry&login=skipped

<u>Drop In Chats every Monday 2.30pm-4.30pm at The Alcohol Service, 66Lupus Street Pimlico SW1V 3EQ</u>

If you're looking for advice and guidance about alcohol use— whether it's for yourself, a friend, or a family member—we're here to help. You don't have to figure it out alone. Drop in for a chat, and we can discuss the support options available to you and guide you on the next steps.

Contact us on 0800 014 7440 or p0671.engagement@cgl.org.uk for more information

In-Deep Over 50's Choir - St. Saviours Church, Lupus Street, London, SW1V 3QW Join our friendly community choir and enjoy singing a range of songs from the 50's and 60's, musicals and more! No auditions necessary and everyone is welcome, regardless of experience

We meet twice a month on Monday evenings, and sessions are free to take part in Singing has been shown to support physical and mental well-being and most of all, it is fun!

<u>Dates for September - December 2025</u>

September: 1st, 8th and 15th

October: 6th and 20th

November: 3rd, 17th and 24th

December: 1st

Time: 6:30pm-7:30pm (please arrive at 6:20pm)

For further information please email

emma.chapman@in-deep.org.uk or text 07761 263 105

AGE UK WESTMINSTER DEMENTIA SERVICE

Maintenance Cognitive Stimulation Therapy (MCST) workshop every Tuesday 2.30pm-4.00pm

Face to face sessions for those residing in Westminster diagnosed with early-stage dementia. Our weekly group takes place at St Marylebone Parish Church, 17 Marylebone Rd, London NW1 5LT.

Assessment before attendance, is needed.

Please contact the Dementia Service:

Email: dementia@ageukwestminster.org.uk Or contact our enquiry line: 0203 004 5610

Monday 15th September 11.00am-1.00pm –The monthly 'Heart of Westminster' Memory Café takes place every 3rd Monday of the month at Regent Hall, Welcome Hub, 275 Oxford Street, W1C 2DJ, near Oxford Circus Tube Station.

Cherry Ge will be performing from the Royal Academy of Music.

Email: dementia@ageukwestminster.org.uk Or contact our enquiry line: 0203 004 5610

Newly launched Memory Café 23rd September 11.00am-1.00pm supported by 'Visiting Angels'.

Takes place on the 4th Tuesday of each month at St Mary's Church, Bourne Street, SW1W 8JJ

The Memory Café will provide an informal, supportive environment where people with dementia and their carers can socialise and connect. It's free to attend and light refreshments will be provided. The building is fully accessible.

Activities will be organised by Visiting Angels.

For more information or to register:

Email: dementia@ageukwestminster.org.uk Or contact our enquiry line: 0203 004 5610

EXTERNAL DEMENTIA SERVICES

Resonate Arts Events

Our next Creative Dance & Movement - Regular weekly sessions restart on Monday 1st September, 2.00pm – 3.30pm. Gentle & playful movement class; chair-based at Penfold Community Hub, 60 Penfold Street, NW8 8PJ.

For more information, please call Katie on 0300 030 7212, or email: info@resonatearts.org

Our Singing with Friends Choir has a break in August; rehearsals restart in person at Wigmore Hall, 36 Wigmore St, W1U 2BP on Tuesday 16th, 23rd & 30th September and

online (via Zoom) on Tuesday 23rd September. For more information, please call Shelley on: 0300 030 7212, or email: info@resonatearts.org

Music for the Moment – our free dementia-friendly concert series in partnership with the Royal Academy of Music – takes a break in August. Our next concert will be on Friday 19th September at St Marylebone Parish Church, 17 Marylebone Road, NW1 5LT, from 2.30pm.

<u>Opera Holland Park - Inspire Community Concerts - Relaxed, dementia-friendly</u> concerts

Join us for an hour of joy through music this Autumn.

Totally accessible and free of charge.

Monday 22nd September 12.30pm

St Peter's, Notting Hill, W11 2PN

Doors open 12.15pm Concert 12.30pm-1.30pm

Wednesday 22nd October 2.00pm

St Mary the Boltons, SW10 9TB

Doors open 1.45pm Concert 2.00pm-3.00pm

Thursday 13th November 2.00pm

St Barnabas, Kensington, W14 8LH

Doors open 1.45pm Concert 2.00pm-3.00pm

Book online or walk-in on the day

Book at: www.operahollandpark.com/news/free-community-concert 020 3846 6225 inspire@operahollandpark.com

Other Westminster Listings

Singing for the Mind Thursdays, 2.00pm – 4.00pm (weekly, excluding public holidays) The Liberal Jewish Synagogue, 28 St John's Wood Road, NW8 7HA Singing for the Mind is a stimulating, professionally-led, friendly and, above all, fun singing session for people with memory loss. Contact sfm@ljs.org or 020 7286 5181 to learn more and to register.

Free Wills Month - October 2025

Age UK have partnered with Free Wills Month to give our supporters the opportunity to have a simple will written or updated for free.

When is Free Wills Month?

Free Wills Month takes place in March and October every year, and it will be returning in October 2024.

What is Free Wills Month?

Age UK supporters who are 55 or over can have a simple will written or updated free of charge by a participating solicitor.

If you choose to write your will through Free Wills Month we hope you'll consider leaving a gift in your will to Age UK, although there's no obligation to do so.

What areas participate in Free Wills Month?

Free Wills Month takes part in selected locations across England, Scotland and Wales. Exact locations will be confirmed closer to the time. Contacting Free Wills Month directly is always the best way to find your local participating solicitor.

Please follow the link for further information:

https://www.ageuk.org.uk/get-involved/donate/leave-legacy/free-wills-month/

TFL - Changes to concessionary photocard fees

The application fee for the 60+ London Oyster card will increase to £35 from £20. Alongside this, the fee for the annual eligibility check, (which was introduced in 2019 and is set at 50 per cent of the application fee) will increase from £10 to £18. There will be no changes to the fees associated with the Freedom Pass, which is managed by London Councils.

The 60+ Oyster photocard has the biggest gap between the estimated revenue that we would receive were these journeys paid for, and the income we receive through fees. While the increase for the 60+ London Oyster card concession is higher than other concessions, this will bring the fee to the same price as the equivalent National Rail photocard which gives only one-third off National Rail travel, whereas the 60+ London photocard scheme offers unlimited free travel on the Tube, buses, TfL rail services and most National Rail services within London (except between 04.30-09.30 on weekdays). As part of these changes, we have carried out equality impact assessments to assess the potential impact and will continue to engage with stakeholders. Fee information will also be updated on our website and at stations across London where applicable. For more information on travel concessions in London – visit https://tfl.gov.uk/fares/free-and-discounted-travel